Article Side

Compression stockings offer the best solutions for blood circulation problems

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When you face pain in your knees and lower leg it is not necessarily due to arthritis. The reason for the pain could be due to any of edema, phlebitis or thrombosis. Well, in a way this is good news because these ailments are easier to cure than arthritis. What you need to do to cure edema, phlebitis or thrombosis is to wear compression stockings. A compression stocking is a special piece of hosiery that can cure various blood circulation problems.

The name compression stocking defines its meaning completely. Compression stockings apply pressure on the lower legs, ankles, knees and thighs. They are as long in length as stockings and they reach up to the upper thigh in some cases. Some people also wear socks instead of stockings. These pairs of socks are shin high and donâ€™t apply pressure on the knees and thighs. Depending on the type of ailment and the extent of pain one faces, either compression socks or compression stockings are worn.

Compression stockings are made of special elastic materials so that they can apply pressure on the thighs downward to the lower leg region. The pressure applied by a compression stocking is maximum in the ankles and the pressure is gradually reduced as the stocking moves toward the thighs. This pressure, when applied, constricts the main arteries, muscles and veins. This in turn inhibits the flow of blood through these arteries, muscles and veins. Since blood has to throw through the body it is then channelized through the smaller and more insignificant blood channels of the lower leg region. This increase the arterial pressure and blood is made to flow toward the heart. As a result there is less pooling of blood in the lower leg region and the pain eases.

Many physicians today recommend compression stockings for people suffering with problems of blood circulation. A compression stocking is one of the most common items you will see older people wear. These stockings offer almost instant relief from leg pain cause due to edema, phlebitis and thrombosis. If you are suffering from some form of leg pain then you may want to ask your physician if it is ok for you to use compression stockings.

Some of the most well known brands of compression stockings are Activa, CEP, Jobst, Juzo and Medi. If you need to buy compression stocking in future, these are the brands you should always look at. And the good news for you is that compression stockings are not the most expensive items of hosiery you will come across. They are relatively cheaper than many other hosiery items but the relief they offer is enormous.

You can buy compression stocking online. Find out websites that sell compression stockings and other medical devices and you will find that choosing your stockings is not difficult. Choose the compression stockings you like or your physician recommends, pay for it online and you can have them delivered to your doorstep. After that it is only relief from leg pain that you get.

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You should wear a compression stockings if you are suffering from problems like thrombosis, edema or phlebitis. a Compression stocking from the best manufacturers can cure these problems in no time.

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