Choosing Psychology As Your Career by Dr.Phillips A.Grossi

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In order to decide whether you should pursue a career in psychology, you need to understand what it is. Psychology is derived from 2 words. Psyche meaning soul or mind and ology meaning the study. So basically, psychology is the study of oneâ€™s mind and soul. It can be the study of your own mind and soul or even someone elseâ€™s. Psychology deals with peopleâ€™s behaviors and understand them on a daily basis, looking at the mental functions of a human being and systematically analyzing behavior.

There are many psychology programs being offered and they can be the start of your career in psychology if you choose them. People think that if you opt for psychology, you can only belong to the profession of a therapist or a psychologist. This is extremely untrue. There are many different kinds if degrees being offered in psychology and the kind you choose will determine your field of work.

Child psychology involves studying children and their behavior. Forensic psychology teaches you how to understand criminal behavior and a career in forensic psychology can land you a job with criminal investigation agencies. If you opt for clinical psychology, you will deal with people who have emotional disorders and are mentally unwell. Health psychology lands you a career in dealing with people who try to lose weight, who need to overcome addiction and are unable to because their mind doesnâ€™t allow them to. Counseling psychology is very common at schools and colleges and even in universities where people are often in need of guidance to make the right decisions in life and they are in search of advice. It is quite similar to clinical psychology, only that you wonâ€™t always meet people with mental disorders, just people who need a little guidance and advice.

Psychology is a very interesting subject. It makes you think about different things and understand why people do certain thinks that they do. For example, why do people dream? Or can someone have more than one personality at one time? These are all things that psychology investigates and often has the answers to.

Since the amount of stress people are facing nowadays and the fast pace of life, the need for psychologists is emerging now more than ever. People are suffering from anxiety and depression more than ever and they are in search of therapy. You can work for schools and universities, start your own private practice or work for a corporate agency to start your career in psychology. Institutions like these demand psychologists for the well being of the people they are responsible for.

The mental pressures and stress in life has brought in extremely good prospects for all kinds of psychology degree holders. Whether its criminal psychology or clinical psychology, people need to be understood and dealt with repeatedly nowadays. They need to be understood and guided so that they can lead normal lives or have some degree of normalcy in their life. No medication can find a cure to stress and anxiety or depression. Psychology has a cure for all these conditions.

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