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In Belfast, Botox or Botulinum toxin A is used to treat fine lines and wrinkles to give the skin a smooth and youthful appearance. It was approved for use by the US FDA in 1990 to treat eye muscle spasms but soon became very popular as a cosmetic treatment for lines and wrinkles on the skin.

## How Botox in Belfast works

The Botox is injected into specific areas of the skin in small doses, usually with some local anaesthesia or numbing cream to minimize discomfort. This blocks the nerve impulses that cause skin movement in the area, minimizing the fine lines and improving the appearance of the skin. The needle used is very fine and virtually painless. Each session could take about twenty minutes. The Botox essentially paralyzes certain muscles. The important part of the treatment involves finding the exact injection points which the doctor marks with a pencil.

Botox is used to treat frown lines, brow furrows, smile lines, wrinkles, lines around the eyes and mouth, crow's feet, neck wrinkles and other lines on the skin that make one look older. With Botox, the skin can be revitalized to look younger. Results are visible after a week of treatment.

## Benefits of Botox in Belfast

Besides younger looking skin by removing facial wrinkles, Botox injections offer the following benefits for both men and women, treating and relieving:

- migraine headaches

- jaw and back pain

- neck and shoulder muscle contractions

- uncontrollable blinking

- muscle twitches

- profuse sweating in the underarms

- strabismus or misaligned eyes

When Botox is directly injected into a specific muscle or group of muscles, it prevents the risk of spreading the spasms and muscle contractions to other parts of the body.

## What about safety?

When performed by experienced and qualified professionals trained in the procedure in Belfast, Botox can be safe. The results of this treatment last for almost six to eight months.

Some people experience temporary side effects in the form of mild pain at the injection site, some flu-like symptoms, nausea and headache. Some people experience weakness in the muscles and drooping upper eyelids, which resolves in a few days.

Botox treatment is suitable for almost everyone who is in reasonably good health. However, it is not recommended for pregnant and lactating women and people with chronic neuromuscular disorders. Those undergoing Botox in Belfast are also advised to avoid alcohol during treatment and stay away from the sun after the treatment for a few days.

Botox, while restoring a youthful look, is a non-invasive treatment without the need for long recovery time. After the procedure you can carry on with your routine work. Since it is not permanent, it is safe. It also does not affect parts of the skin that are not treated. Many parts of the skin can be simultaneously treated and most doctors offer convenient payment plans for treatment with Botox in Belfast.

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[Therese Laserase](#) - About Author:

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