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Usually when you call on your doctor for a routine check-up he may not advise you for a blood test. However if there is something serious or important then will definitely tell you to get your blood samples. This is because a blood test can reveal important information about your health. There are many situations when a doctor advises patients to get a blood test done. The most common situation is in the case of women. If a woman thinks that she may have conceived and approaches her doctor to confirm it then he or she will recommend a blood test to determine it. Although nowadays there is over-the-counter stuff to check pregnancy yet a majority of doctors do not consider these as statutory. They insist on your blood samples.

It makes sense to opt for a blood test. Your blood test can throw light on certain diseases that you may be suffering from but unaware of. There can be diseases like diabetes, prostrate cancer or HIV..

Your blood samples can also throw light on certain symptoms that you have been experiencing but could not come to a conclusion. For example if you feel tired most of the time and have discovered that your skin has turned pale then your blood test will surely show traces of anemia. People suffer from anemia if your blood has low iron. This results in fatigue and pale skin. The iron level in the blood of an affected person can only be determined through a blood test.

There are many states where it is compulsory for couples to go for a blood test before marriage. This is done to determine the overall health of both the partners and also to ensure that one or both partners are not suffering from diseases like HIV or STD (sexually transmitted disease).

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