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Glowing skin and a toned body are the most recognized hallmarks of beauty. Unfortunately, these much coveted gifts from Mother Nature are fleeting at best and often downright elusive. Unless you do something about it, that is. With the right techniques and procedures, you can defy the laws of nature and achieve that perfect body and skin. Wondering how? Read on for more.

Ageing has been associated with several skin issues. The most challenging of these is the "wrinkle". A single wrinkle can age your skin by a decade. Thankfully though, while it may not be possible to reverse the process; there are ways by which you can delay the onset of the same by using specific anti wrinkle products.

As a woman of this century; you have access to a sort of magic that was never before available to women who've lived before you. This magic is nothing more than a potent anti wrinkle procedure called Pelleve - specially created by one of the leading skin care companies in the world.

The new FDA approved Pelleve is a miraculous skin tightening process that restores your skin safely and effectively - and without any requirement of surgical intervention. It involves the use of advanced radio wave technology to heat the deep layers of the skin with precision. The carefully applied heat shrinks the collagen in your skin and forces it to contract and tighten. At no time during this procedure, is the epidermis or top layer of skin damaged.

This is the ideal anti wrinkle therapy for people with hectic lives. The Pelleve doesn't require anesthesia or skin cooling and thus, people who undergo the process, can typically go back to business immediately afterwards. What's more, many people find the results to be instantaneous (after a single sitting) and long term (up to 6 months of toned skin with appropriate tightness).

Our hectic lifestyles also predispose us to gaining weight. Unfortunately, every calorie that you fail to burn each day- will eventually accumulate into fat. Given that appearances are pretty much everything in our world; an extra pound can make you feel miserable. The good news is, modern science has an excellent solution for this problem too. And it is called the Body-jet Liposuction.

Crafted by human ingenuity, the Body-Jet utilizes the gentle power of water jet propelled lipoplasty to dislodge and remove body fat without harming the blood vessels, nerves or surrounding tissues. Safe, effective and easy, the liposuction is also extremely convenient with minimal associated risks. Patient comfort is further guaranteed with significantly shorter procedure duration and faster recovery.

So what is the secret behind the Body-Jet's effectiveness? The procedure involves the use of a fan shaped laminar jet that irrigates and eliminates fatty tissues. The gentle separation of fat from the connective tissues ensures minimal trauma to the patient. As opposed to traditional methods, this liposuction process also requires much less infiltration fluid. This reduces exposure to tumescent fluid and swelling and instead, allows for more precise body contouring.

Natural beauty is a joy to behold " while it lasts. Fortunately, it isn't a deadline you should be afraid of. Instead, let modern and scientific beauty innovations such as the ones mentioned above; help you defy the ravages of time and retain your youthful looks.

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