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Australian Fitness & Health Expo for Exhibitors and Enthusiasts Alike by [Robert Pickett](#)

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Title- Australian Fitness & Health Expo for Exhibitors and Enthusiasts Alike

The Sydney Convention & Exhibition Centre this April 27th through the 29th of 2012 is the place to be for all those that work in the fitness and health industry. Whether your work in the industry, or are responsible for buying fitness and health products and services for the company that you work for, this is the largest event in the health and fitness industry in the Southern hemisphere.

This year's expos will host over three hundred exhibitors from various countries throughout the world, that are there to introduce their new products and the latest trends in fitness equipment and nutrition. It is going to be a spectacular event and one that no one, within the industry, should miss.

This year's expo features five live stages where you will witness innovative training techniques and demonstrations as well as competitions. There will be many great celebrities from the health and fitness industry that are performing live and are there to show you the latest advancements and participate in the expo.

What you will find is the latest in equipment and trends, nutritional products and apparel and music. There will be over 200 exhibitors that will be introducing their newest products, innovative ideas and technologies and their latest trends from the following sectors:

Clothing / Music

Fitness Business Services

Boxing and Martial Arts

Health, Wellness and Rehabilitation

Education and Training

There will be a number of guest celebrities appearing including Danny Green and Marcus Bondi and Jennifer Rankin who will be giving first hand advice on how to stay fit, look good and feel great.

Tickets for the coming event will go on sale this December of 2011. The event will have over 300 exhibitors under one roof that are highlighting everything new within the industry, keeping those working within the industry up to date on the current trends and products.

Australian Fitness & Health Expo can be visited to get a list of all the celebrities that will be appearing, the new products and brands that will be introduced, and other great information such as events and demonstrations that will be live on stage.

This April is the event of the largest health and fitness show in the Southern Hemisphere which will be held at the Sydney Convention Centre. There is expected to be over 20,000 persons attending the event which will be made up of fitness professionals and enthusiasts and there will be plenty of information and displays to make sure each guest is taken care of.

Tickets can be purchased in advance, simply by visiting the Australian Fitness & Health Expo site.

Tickets can be purchased in advanced, and this year's fitness expos in Sydney, will have all the exciting new training methods, equipment and sports nutrition that will help you to meet your goals for 2012. Definitely an event for everyone and an event that everyone that work in within the industry or is in charge of purchasing health and fitness products for their company should attend, as it will have the best of the latest.

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Don't miss out on your chance to meet a variety of celebrities across the fitness and health industries only at the a [Australian Fitness & Health Expo](#).

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