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At the New York Cardiac Diagnostic Center, a Cardiologist Knows what's Happening inside the Heart by [NewYorkCardiacCenter](#)

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A recent survey has estimated the number of Americans suffering from some form of cardiovascular disease at a staggering 80 million. A Cardiologist, a term synonymous with a doctor specializing in cardiovascular diseases, renders heart care services dealing with the cardiovascular system of the body.

One should look for a diagnostic facility dealing in best NYC Cardiologist services as it helps in timely diagnosis and personalized treatment plan. At The New York Cardiac Diagnostic Center, a cardiologist performs a variety of tests and diagnosis with the help of different procedures and equipment in order to know what's happening inside a heart.

At the New York Cardiac Diagnostic Center, the cardiologists provide -

• Routine Consultations - This involves the assessment of the medical history and physical examination to ascertain the health of the heart. A timely identification of any cardiovascular risk may help to avert any major disease in the future. The cardiologist may conduct routine tests to check symptoms such as chest discomfort, shortness of breath, palpitations, diabetes, high cholesterol, hypertension, dizziness and fainting that are related to various heart conditions.

• Electrocardiography and Echocardiography Testing - Electrocardiography is a screening test that involves electrical impulses for identifying any disorders in the functions of the heart, such as those related to heart muscles, metabolism and cardiac rhythm. Echocardiography uses ultrasound in order to diagnose, follow up and manage patients with suspected or known heart conditions. It helps to shed light on various issues such as the shape, size, location and the pumping capacity of the heart.

• Vascular Ultrasound - Carotid arteries are vital for the well being of the heart; however, a deposition of plaque on these arteries may increase the risk of a stroke in a patient. Thus, a carotid ultrasound detects plaque before a stroke occurs.

• Stress Testing - Patients with chest pain, diabetes, high cholesterol, lightheadedness, dizziness and abnormal levels of lipids may have stress tests performed on them. The different types of stress tests include Exercise Treadmill Testing, Exercise Echocardiography, Nuclear Exercise Testing, Dipyridamole Stress Testing and T-Wave Alternans Exercise Test. These tests are performed on a treadmill to analyze the effective functioning of the heart.

In the diagnostic offices of the New York Cardiac Diagnostic Center, a cardiologist examines all the matters that are responsible for the normal functioning of a healthy heart.

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[NewYorkCardiacCenter](#) - About Author:

In a place like NYC, the New York Cardiac Diagnostic Center could be immensely helpful in dealing with the matters of the heart. Any future heart complications could be easily averted with the best a [NYC Cardiologist](#) services at this diagnostic facility. To know more about the services that can avert any risks related to the heart, please Visit us at <http://newyorkcardiac.com/>

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