Ask a Summerville Dentist: Fallacies on Dentistry. by Corina Turner

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Despite the massive amount of educative information shared by dental health professionals, numerous fallacies are still aplenty. This could be the reason why many people are still confused about everything there is to dentistry. Take a look at some of fallacies surrounding the field of dentistry and what Summerville dentists have to say.

Thereâ€™s no point in seeing your dentist if thereâ€™s no visible problem in your teeth.

Not all problems can be detected by just looking at the teeth. Some are hidden beneath the gum line and can only be detected through advanced diagnostic tools such as dental x-rays. Always remember that in dentistry, what you see is not always what you get. Your dentist is the best person to tell whether your teeth are at risk or not.

All types of teeth cleanings are the same.

Procedures are usually classified based on the specialization of the dentist and the result that must be achieved. For instance, teeth cleanings provided by periodontal specialist are intended to address specific needs of patients suffering from various stages of periodontal disease. Some patients are in need of regular cleaning only for maintenance, while others are advised to undergo deep cleaning procedure as a treatment to a more serious dental problem.

Dental problems are caused by poor oral care habits.

Any dentist Summerville SC residents trust will think that this fallacy is rather discriminating. According to recent studies, 30% of the population may be genetically susceptible to dental problems such as gum diseases. Some people are still prone to dental problems despite aggressive oral care habits. The best thing you can do to save yourself from the nightmares of dental problems is to watch and treat the signs of a problem as early as possible to minimize any potential health complications.

Drinking water does not have anything to do with maintaining oral health.

If you donâ€™t stay hydrated, youâ€™ll probably experience dry mouth, which can cause mouth odor. This will be the perfect time for unwanted microorganisms to thrive and cause oral problems such as periodontal diseases. A responsible Summerville SC dentist will definitely advise you to get rid of those bacteria by drinking the required amount of water every day.

All treatments for dental problems are painful.

Just because most dental procedures require the use of a drill or any other sharp instruments does not mean they are painful. Have you heard about sedation or pain management? Today, there are dental treatments that involve the use of local anesthesia and over-the-counter pain relievers. A typical Summerville SC dentist may use any of these medications to make each treatment bearable and the entire experience comfortable for patients.

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