Article Side

Arthritis no more, knee replacement surgery is here by Nathan Jone

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Arthritis or rheumatic joint pain is a very commonly found problem today in not just the elderly but the youth also in proportions of almost a 50:50 ratio. People today, avoid walking long distances, climbing up the staircase and in fact, some also choose lightweight foot gear to avoid any stress in the foot and leg region. Especially during winters, the pain in the knee and hips increase manifolds thereby making them immobile for that period. From massage to hot water bags, to steam belts, despite trying in all means to do something that will at least bring down the intense pain, people fail.

Now you must be wondering why are we talking about what people go through rather then telling you about what they can do to be cured of the problem? Well, it is important to understand the prevailing situation before one learns about the cure as one would value the cure procedures only when one is rest assured that the suggested option is the best option. Therefore, rather than wasting time and energy on temporary solutions, one should focus on a permanent treatment option that will rid them from the problem totally.

This permanent solution is what is called the hip replacement India or the much popular Knee Replacement Surgery India. These two procedures are simple surgical procedures that take very little time and ensure 100% recovery. In fact, orthopedic surgeons in Delhi are extremely talented in performing these surgeries with relative ease. The popularity of orthopedic surgeons in Delhi is so much that people from across the globe visit India especially for getting a hip replacement India done or for getting a knee replacement surgery in India done.

Let us tell you in brief how both the procedures â€“ Hip replacement India and the very common Knee Replacement Surgery India - are performed. Hip replacement India is a surgical procedure in which the paining or damaged hip joint is replaced with a prosthetic joint thereby bringing down the damage. Hip replacement India can be performed in two different ways depending upon the extent of damage and pain. The two ways in which the hip replacement India surgery is performed are Total hip replacement India and partial or hemi hip replacement India. While in the partial surgery, only the femoral head of the joint bone is replaced, in a total surgery both acetabulum and the femoral head are replaced with new prosthesis.

Similarly, knee replacement surgery India too is a simple procedure that is performed to ease pain in the knees. Orthopedic surgeons in Delhi perform this surgical procedure with relative precision. Another name for the knee replacement surgery India is Knee arthroplasty. In this surgery the weight bearing surface of the knee is basically removed and replaced to provide relief from the pain. Knee replacement surgery India too can be performed as a partial surgery and total knee replacement surgery. In most cases, the surgery consists of removing the damaged surface of the knee with metal or plastic supplements that are shaped in such a way that they allow similar motion and changes.

Therefore, now that you have a fair idea on how to get these surgeries, donâ€™t waste time and just grab the opportunity.

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