



Article Side

Anterior Cervical Discectomy Treatment in India at Delhi & Mumbai at affordable Cost
by [Pankaj](#)

Article published on November 26th 2011 | [Health](#)

Anterior Cervical Discectomy Treatment

What parts of the neck are involved?

Surgeons usually perform this procedure through the front of the neck. This is called the anterior neck region. Key structures include ligaments, bones, intervertebral discs, spinal cord, spinal nerves and the neural foramina.

Surgery is occasionally done through the back, or posterior region, of the neck. Important structures in this area include the ligaments and bones, especially the lamina bones.

How will I prepare for surgery?

The decision to proceed with surgery must be made jointly by you and your surgeon. You should understand as much about the procedure as possible. If you have concerns or questions, you should talk to your surgeon.

Once you decide on surgery, your surgeon may suggest a complete physical examination by your regular doctor. This exam helps ensure that you are in the best possible condition to undergo the operation. On the day of your surgery, you will probably be admitted to the hospital early in the morning. You shouldn't eat or drink anything after midnight the night before.

Surgical Procedure

What happens during the operation?

Cervical discectomy is commonly done through the anterior (front) of the neck.

This is called anterior cervical discectomy.

However, when many pieces of the herniated disc have squeezed into the posterior (back) of the spine, surgeons may need to operate through the back of the neck using a procedure called posterior cervical discectomy.

Patients are given a general anesthesia to put them to sleep during most spine surgeries. As you sleep, your breathing may be assisted with a ventilator. A ventilator is a device that controls and monitors the flow of air to the lungs.

Surgical Technique

An anterior cervical discectomy is the most common surgical procedure to treat damaged cervical discs. Its goal is to relieve pressure on the nerve roots or on the spinal cord by removing the ruptured disc. It is called anterior because the cervical spine is reached through a small incision in the front of the neck (anterior means front). During the surgery, the soft tissues of the neck are separated and the disc is removed. Sometimes the space between the vertebrae are left open. However, in order to maintain the normal height of the disc space, the surgeon may choose to fill the space with a bone graft.

A bone graft is a small piece of bone, either taken from the patient's body (usually from the pelvic area) or from a bone bank. This piece of bone fills the disc space and ideally will join or fuse the vertebrae together. This is called fusion. It usually takes a few months for the vertebrae to completely fuse. In some cases, some instrumentation (such as plates or screws) may also be used to add stability to the spine.

WE CARE HEALTH SERVICE:

We have a very simple business model that keeps you as the centre. We are the only professional International Patient Facilitation company representing all the JCI / ISO Accredited Hospitals in India. The accreditation ensures the adherence to the strictest medical, para medical & overall norms...

Having the industry's most elaborate and exclusive Patient Care and Clinical Coordination teams stationed at each partner hospital, we provide you the smoothest and seamless care ever imagined. With a ratio of one Patient Care Manager to five patients our patient care standards are unmatched across the sub continent.

For more information, medical assessment and medical quote

send your detailed medical history and medical reports

as email attachment to

Email : info@wecareindia.com

Call: +91 9029304141 (10 am. To 8 pm. IST)

(Only for international patients seeking treatment in India)

Please log on to : <http://www.spinesurgery-wecareindia.com>

Please log on to : http://www.spinesurgery-wecareindia.com/procedure/anterior_cervical_discectomy_treatment.html

Contact Email : info@spinesurgery-wecareindia.com

Article Source:

<http://www.articleside.com/health-articles/anterior-cervical-discectomy-treatment-in-india-at-delhi-mumbai-at-affordable-cost.htm> - [Article Side](#)

[Pankaj](#) - About Author:

Pankaj Nagpal-About the Author:

We Care Health Services is the largest providers of professional Medical Tourism to foreigners in India. With a number of world-renowned doctors and hospitals affiliated, we have the resources to offer you the finest Affordable Medical Treatments , and help you on your speedy recovery. We have negotiated & created various affordable & low cost medical treatment packages in association with some of the best doctors & hospitals in India.

Article Keywords:

Anterior Cervical Discectomy, Anterior Cervical Discectomy Spine India, Anterior Cervical Discectomy Spine Surgery India, Cervical Discectomy, Anterior Cervical Discectomy, Acid, Neck Pain, Anterior Cervical Discectomy Spine, Spine Surgery, Anatomy Herniation

You can find more [free articles](#) on [Article Side](#). Sign up today and share your knowledge to the community! It is completely FREE!