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An in-depth analysis of home care services by Harold Spencer

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In our daily lives we need to avail home care services. They come in all forms and with varied costs. Therapeutic procedures, nursing, and medical care are just but a representation of these home care services. Of course there are many others to add to the endless list. In order to ensure you are getting the best services, it is important to properly formulate a schedule or formula with which you will be working when seeking these services. It is important to first understand which kinds of services are the most critical to you.

Nursing services

The provision of nursing home care services is a wider scope subject. These services have to be administered under the close supervision of physicians. The people who render these services are referred to as registered nurses, or generic practitioners. The major responsibility of these professionals is basically to monitor healthcare, provide intravenous medications and also administer injections. Lastly, nurses are tasked with administering medication, treatments and injections. More so, they are required to monitor the patientâ€™s blood pressure and temperature levels

Nutrition

This is another category of home care services. This mainly involves planning of meals to ensure that one meets the basic body dietary needs. There are many healthcare professionals who are trained in this field. It is important to note that they are not just dedicated to planning meals and how they are prepared but also offer some help to patients on how to shop for food stuff as well as helping them undertake some household chores.

Non-medical home care

This is mainly the kind of personal care that is mostly advanced to the elderly in the community. It does not require the intervention of qualified healthcare service providers. As long as you can care for the elderly, you can conveniently handle this job. Elderly people in our communities need help but they get very little of that. Since they cannot take on intensive tasks, you can help them accomplish them. The duties you will be required to perform in this case depend on the level of inability of the person you are helping. Basically, the chores you will require to undertake include assisting them in bathing, washing clothes, dressing, eating, and shopping for various products.

Respite care

For many elders who require extensive personal care, the responsibility in such a case can be vested in the family members. They are seen as high risk members of the family since at least one family member needs to be left in the house at any moment so as to cater for their needs. Respite care is intended to free up family space and allow the various members of the family to go on with their daily tasks uninterrupted knowing that their granny or grandpa is well taken care of. Most caregivers are skilled in offering respite care.

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