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A person often experiences greater pain in the oral cavity than in other parts of the body. This is because of proximity of the mouth to the brain and the complex network of nerves connecting the head and the neck. Adding to these factors is the pressure that results from infection caused by bacterial buildup.

Because of this, it's no wonder 75 percent of adults in the US experience varying degrees of dental phobia. Despite knowing about the safety and effectiveness of dental procedures, many still feel anxious about dentists operating with sharp and pointed tools. Some even visit the dentist only when their problem is already severe. Good thing there are a number of ways to deal with pain and dental fear.

Many people fight their fear of dental procedures by forcing themselves to believe that pain is all in the mind. Although it is true that the brain is the one responsible for interpreting experiences to feelings or sensation, thinking positive about it is more difficult than it seems. In fact, forcing the mind to ignore the pain can cause even more stress.

Both the dentist and the patient play important roles when dealing with dental fear. The patient can deal with his anxiety by trusting the dentist, although this is quite hard to do if he has a bad experience with a dentist in the past. On the other hand, the dentist must make sure that there are no objects inside the dental office that can induce anxiety and see if the patient feels any hint of discomfort.

Dentists in huge cities like Atlanta sedation dentistry experts use different types of sedatives before any procedure to eliminate pain and help people get over their fears. Compared to the psychological approach, sedative dentistry calms down patients by making them feel relaxed down or rendering them unconscious.

Using laser in some dental procedures also reinforces the effectiveness of sedation. An Atlanta sedation dentist that uses both laser devices and sedation dentistry techniques can assure his patients that modern dental procedures are anything but stressful. Also helps reduce irritation after the procedure by allowing more precise incisions and preventing severe cases of bleeding.

More information about Atlanta sedation dentistry can be found in [YourDentistryGuide.com](#). This website provides detailed information about various subjects in dentistry that you might find interesting. You can also look for dental offices near your area and ask your local dentists about sedation dentistry.

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