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Fibroids are non cancerous tumors that usually form in women uterus and breast, it happens usually for women between 30 and 40 years old and it is very common that one of every four women is predicted to have Fibroids. These tumors can be very tiny that it needs a microscope to discover and a robotic surgery to be removed, or they can combine as one big tumor that is also easy to remove.

Fibroids will not exist before the woman body starts producing estrogen and can even continue to grow with its presence, thatâ€™s why it is unlikely for fibroids to appear with women who have hysterectomy and menopause. Hysterectomy hormone replacement therapy will raise estrogen levels which might contribute in redeveloping fibroids. Fibroids are non cancerous and in fact some women might have it and then heal from it without even knowing. Half women will have fibroids with no symptoms at all; however, those who will experience painful symptoms like heavy periods or bleeding between periods should directly visit one of the gynecology clinics in their town to check on their health.

The doctor will feel certain positions to check if there was a suspicious mass and then he or she might also ask the patient to have ultra sound to see what the cause of the mass is. If you were diagnosed to have fibroid, there will be certain treatment options to have before having hysterectomy. Women with fibroids can just wait and see what will happen especially if menopause is close when estrogen level will decrease and fibroids will shrink. However, you canâ€™t take such decision without getting back to your doctor.

Pregnant women who have fibroids should not be worried at all, the chances of delivering a healthy shiny baby is high. You can give birth to your sweet little one in any birth center you like either by a natural childbirth or even water birth. Your doctor and midwife will help you deliver the baby without problems.It was scientifically proven that recurrent miscarriages can contribute in having fibroids. African American women have double chances to have fibroids and if you have a family member who used to have it, your chances will be higher as well.

If you had to go through hysterectomy to get rid of fibroids symptoms, you should take some rest and join hysterectomy group to discuss about your experience and share tips of hoe to recover from this hard surgery.

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Women's Health Associates providing obstetric, gynecologic, prenatal, cosmetic, surgical care in Danbury and Southbury, Connecticut. robotic surgery , A HREFhttp://wha-ct.com/>birth center/A>, natural childbirth, water birth, botox, fibroids, hormone replacement therapy. For more information please visit: A HREFhttp://wha-ct.com/>robotic surgery/A>

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