Acupuncture Therapy Treating Various illness & Pains from Past 3000 Years by Jenny Marsh

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It said that medical world is practicing acupuncture therapy for about 3000 years. The acupuncture treatments are based on traditional Chinese medicine (TCM) that recognized a subtle energy system circulating through the body. It can be referred as the channel that feeds, nourish, and sustain substances like blood through the circulatory system.

This energy system relates as Qi circulating energy in body. When the Qi system is blocked, the body suffers Illness and disease. Acupuncture therapy restores flow of energy circulation by inserting needles into the acupuncture points. These insertions clear all residing blockages and help to restore the energy circulation in the body.

Acupuncture therapy help cure pains, illness and diseases such as chronic pain and headaches, acute injury-related pain (strains and sprains), digestive disorders, cardiovascular conditions, muscle and nerve conditions, addictive behaviors, gynecological disorders, chemotherapy and radiation side effects, stroke rehabilitation, autoimmune conditions, HIV support therapy and so on.

Moreover, acupuncture treatments can improve health conditions like alleviation from nausea caused by chemotherapy, immune enhancement, weight control, stress, anxiety reduction, insomnia, chronic fatigue, indigestion, irritable bowel, smoking, sinus congestion, infertility, sciatica, headaches, acute and chronic pain (back, neck, joints etc.), menstrual cramp, etc.

Acupuncturists use nine types of needles, and all needles vary in length, width and shape of head. These needles are inserted at the points anywhere in the range of 15 degrees to 90 degrees relative to the skin surface. There are few insertion techniques used by the acupuncturists such as Raising and Thrusting, Twirling or Rotation, Combination of Raising/Thrusting and Rotation, Plucking, Scraping (vibrations sent through the needle), and Trembling (another vibration technique).

Across many countries, acupuncture therapy is widely trusted for treating lower backache, cervical spondylosis, condylitis, arthritic conditions, headaches of all kinds (including migraine), allergic reactions, and relief of muscles spasms by the patients.

Therefore, people suffering from such pains, illness and diseases can opt for acupuncture treatments that offer only satisfaction but no pains. The healthcare institutes provides acupuncture therapy, ayurvedic medicine and massage, herbal medicine, injection therapy, etc, to cure several diseases with in a short span of time.

Fees charged by the physicians are highly reasonable and affordable to all pockets. The pain free treatments ensure full recoveries for life long at reasonable rates can be called as the cheapest treatment obtain ever. Trusting three thousand years old therapy can be the wise decision for best recoveries provided by the reputed and reliable healthcare institutes.

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