A Homerun Feat: the Battle between Waxing and Shaving by Justine Cricks

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Summer days are fast approaching, and soon people will head to beaches for some sun, sand, and surf. You've got a few months left before you get to don your swimsuit and flaunt your toned body. But before you step out into the sun, donâ€™t forget about some essential things.

Whether you opt for a modest one-piece swimming suit or a daring two-piece bikini, having smooth and hairless skin is of the utmost essence. Get rid of unsightly hairs that make you look like a Yeti instead of the bikini goddess you were meant to be.

If you've ever shaved bodily hair before, you would know that they grow back at an alarming paceâ€”and often not in a good way. Sometimes, improper shaving could lead to ingrown hairs that are prone to infection. Nevertheless, shaving is a cheap and easy hair removal method that when done properly could save a lot of money

A lot of women nowadays swear by bikini waxing, which promises a cleaner, smoother, and quicker way to remove unwanted hair. You donâ€™t need to worry about any discomfort as bikini wax numbing creams are readily available. Read on to find out which option suits you better.

Hair Growth. Shaving allows you to clean any part of your body in the easiest and most accessible way possible since you only need a razor and some shaving cream. However, shaving only removes hair superficially and does not alter hair growth rate.

Waxing, on the other hand, removes unwanted hair, from root to tip, in one fell swoop. Hair removal experts like anesthesiologist Dr. Edna Ma observe that hair takes longer to grow after waxing. It will take an average of two weeks before hair starts to grow back. This saves you time from shaving every now and then while minimizing the risk of nicks and cuts.

Results

Shaving can sometimes result in dreadful chicken skin, which most women absolutely abhor. Improper shaving can damage sensitive skin, causing it to darken. Further, it is not as efficient as waxing since hair can grow back within a few days after doing the deed. Even worse, it can also cause bumps, razor burns, and ingrown hairs. While it is true that waxing is more painful than shaving, renowned doctor Edna Ma can help you feel comfortable during the procedure.

Waxing is a more efficient method since it doesnâ€™t leave out hairs on or under the skin. You shouldnâ€™t worry about excruciating pain as experts like Dr. Edna Ma provide bikini wax numbing cream to make the procedure as painless as possible. Look forward to having smoother, hair-free skin with bikini waxing.

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