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A Cosmetic Dentist in New York provides treatment for Temporomandibular Joint Disorder by Dentalcarenyc

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It has been found that a considerable part (almost 13%) of the American population is suffering from the temporomandibular joint disorder. It might be disregarded due to the general symptoms it exhibits. New Yorkers facing this dental issue may seek help from the various cosmetic dentist clinics in the city. A Cosmetic Dentist NYC clinic diagnoses this condition and treats it to prevent any future complications.

A cosmetic dentist in New York discusses the various aspects of this disorder in the section below,

What is Temporomandibular joint disorder?

The temperomandibular joint is the joint that connects the mandible to the skull or in other words the area where the upper jaw and the lower jaw meet. The Temporomandibular joint disorder involves a defect in the function of this joint that may result in sever or a chronic inflammation of the joint. In this syndrome, the various parts of the joint such as the ligaments, bones, nerves, muscles and connective tissue may get affected.

What are the causes and symptoms associated with Temporomandibular joint disorder?

The various causes associated by this syndrome include those of grinding and clenching of teeth that is also termed as Bruxism that affects the cartilage of the Tempromandibular joint. Habitual chewing of gum or biting of fingernail may also contribute to this syndrome. Dental trauma, misalignment, stress and trauma to the jaw may result in TMJ disorder.

This disorder is characterized by symptoms such as biting, chewing, discomfort and dull aching pain in the face. It may also be accompanied by a headache or earache in the morning after getting up. Hearing loss and reduced inability to open or lose the mouth is some other symptoms of this disorder.

How can cosmetic dentistry help those suffering from a Temporomandibular joint disorder?

A cosmetic dentist NYC clinic provides different forms of treatments in order to treat TMJ disorder. This may be either in the form of restoration of the occlusal surfaces of the teeth with the help of appropriate alternatives such as crowns, bridges and onlays. It can also be in the form of splints that can be worn by the patients in nighttime during sleep.

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A a Cosmetic Dentist NYC clinic provides treatment for various dental issues and help to restore the function of the teeth. Visit http://www.dentalcarenyc.com for details.

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