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Diabetic shoe store- an Insight by James Blee

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It is a known fact that the disease diabetes affects a personâ€™s legs and feet and patients are always at the risk of foot strain, ulcers, calluses and even amputation sometimes due to bad circulation and infections. A diabetic shoe store is where one can find therapeutic shoes specially designed for diabetic patients, usually with extra depth and shoe inserts.

Why do you need a diabetic shoe store?

Diabetes is when there is insulin deficiency in the body. Since this leads to disruption in the vascular system, the blood circulation gets affected resulting in hyposensitivity, or the lack of feeling, under oneâ€™s feet. Diabetic shoes and the various orthotics available in diabetic shoe stores essentially play a crucial role in a patientâ€™s foot care by redistributing pressure and pressure points under the feet.

When to go to a Diabetic shoe store?

A diabetic patient should go to a diabetic shoe store only when his physician has confirmed his need to wear such therapeutic shoes. A physician or a qualified footwear specialist like a pedorthist has to prescribe such shoes and the specific show insert that is required for him/her.

What do you get in a diabetic shoe store?

A diabetic shoe store also has various types of removable orthotics that supports a diabetic patientâ€™s feet protecting it from potential injury and thereby improving mobility. Such removable orthotics includes:

â€¢ Customized shoe inserts

â€¢ Arch supports

â€¢ Shoe fillers â€“ These can be wedges, heels or lifts

Price Range in Diabetic Shoe Stores:

Usually one can get a good pair of comfortable diabetic shoes even as low as $90 during clearance sales. Otherwise, the price range for top brands usually spans across from $150 - $250 depending on the material used and the design.

Top Brands available at Diabetic Shoe Stores:

Some of the most trusted and popular names include:

â€¢ Drew

â€¢ Aertex

â€¢ Brooks

â€¢ In stride

â€¢ Ethnic

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James Blee - About Author:
For more information on a diabetic shoe store, check out the info available online; these will help you learn to find the a diabetic walking shoes!

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