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Maximize your Garden Plan for a Harmonious Garden Ambiance by Jamie Keifer

Article published on June 6th 2012 | Gardening

How would you like to have a garden that completely relaxes you? A garden where you have a collection of flowers or greens that gives you a feeling of harmony and tranquility? Admittedly that idea sounds perfect, but how can you achieve such a garden?

A garden which allows good flow of positive energy follows the centuries-old concept of Feng Shui. Feng Shui is an ancient method of balancing the good and bad energy. It believes that a natural life force or life energy called chi can bring an abundance of blessings into a place or building if it flows in without interruption. In the past years, Feng Shui has become popular in the West. Even rich and influential people like Donald Trump and Oprah Winfrey consult Feng Shui experts for their business and personal interests.

To make Feng Shui work for your garden and yourself, it helps to understand its basic ideas. First, remember that chi needs to flow in harmony with its surroundings with as few obstructions as possible. Next, enhance this energy by using certain objects or adapting Feng Shui placement methods.

Organic Gardening magazine editor Scott Meyer recommends starting Feng Shui at the entrance of your garden because it is where people come in. Avoid placing a gate and keeping it closed since it seems less inviting and blocks the entrance. Keep your garden free of clutter or barriers. You can place shrubs and hedges at the entrance as long as they donâ€™t block the passageway to your garden.

If you want to strictly follow Feng Shui gardening plans, make sure you only have natural items like healthy plants, flowers or shrubs in your garden. Avoid using artificial objects such as statuettes or granite markers which are lifeless and exude no energy. The concept is to keep your garden alive with plants and other natural elements.

Feng Shui considers the five important elements - water, wood, fire, earth and metal - to create harmony. Water represents spirituality and emotion; wood stands for creativity and flexibility; fire for boldness and enthusiasm, earth for stability and physical strength, and metal for organization and mental clarity. Include any of these natural elements in your garden planning ideas to maximize Feng Shui. Add a bird bath or fountain for water, a bench or planting boxes for wood, some lights or a grill for fire, soil and clay pots for earth, then an arbor or wind chimes for metal.

There are several garden ideas that you can adapt for your own garden. Or, you can consult a landscape architect to create a beautiful garden for your home. Read more about gardening plans and Feng Shui from Dummies.com and EzineArticles.com.

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Article Keywords:
garden planning ideas, gardening plans

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