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Grow Vegetables and Fruit in a Vertical Vegetable Garden by Paul Empey

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Now adays with apartment life as it is, with the economic situation and many people just wanting to go green and wanting more organic foods are finding ways to grow vegetables and fruits in a vertical vegetable garden in their homes. It takes a little know how and some basic knowledge of tending to plants indoors.

You have to have a good amount of natural light in your apartment in order to successfully grow vegetables. If the sunlight shifts from room to room seasonally then your vegetable and fruit garden will have to move with the sun if its going to thrive or you may need to get artificial lighting. I highly recommend that you do your research on the type of fruit and vegetable that you want to grow.

You want to make sure that the environment of your home can support the type of vegetables and fruit you are interested in growing in your vertical vegetable garden. Keep in mind that most plants grow in stages. Each stage requires specific conditions so it can continue to grow and remain healthy this is where your research pays off. This includes the type and size of container you use for your plant.

You have to take into consideration the size of your plant and allow for growth of that plant. Because good drainage is important all your containers for plants must have at least one drain hole at the bottom to allow for excess water to flow out of the container. The top of the container should not be narrow because it makes it difficult when you have to repot the plant.

The type of your soil makes a difference for your indoor vertical vegetable garden as well. Its not recommended to use any type of soil for indoor plants in general. Its better for you to use a good potting soil or soil less potting mixture. Also because your plant is not growing in the ground it is crucial that you fertilize a vegetable or fruit plant a little more frequently than other plants.

An easy type of fertilizer for you to use is one that is liquid and can be added to water. This way you are watering and fertilizing your plant at the same time. It is also suggested that you practice indoor pollination. Indoor pollination you use a good camel hair paintbrush to jiggle the plant to release the fruit or fruiting vegetable antler from the stigma.

You need plenty of natural light for fruit and vertical vegetable garden. If you don't get lots of bright light there are things like mushrooms that tolerate moderate low light conditions for you to consider growing. Another rule to follow is that your root fruits and vegetables and leafy vegetable plants tolerate partial shade.

Your vegetables that are grown for their fruit and fruit plants need a minimum of 5 hours of direct sunlight daily in your vertical vegetable garden. Optimum light levels for this type of plant are for 8 to 10 hours of direct sunlight a day. Herbal gardens are also a great indoor garden possibility for you to consider.

They are the easiest type of vertical vegetable gardens to grown. In any case if you have good sunlight and a little space you can grow fresh vegetables, fruits and herbs in the comfort of your apartment.

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