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Common Types of Indoor Molds by Richard

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Why you need to know about mold? It is important to know about the toxicity of the indoor molds to prevent health problems. Usually, mold infection affects a healthy person only after frequent exposure, but children, seniors, asthma and other allergy sufferers are affected quickly. Due to weak immune system, children and seniors might have to face severe health hazards, while overexposure to mold allergens will intensify the health conditions of asthma and other allergy sufferers.

Moreover, some people will start to clean up molds without getting proper assistance or guidance from mold remediation specialist. Removing molds using bare hands will cause a wide range of problems depending on the toxicity of the mold. Some molds may just cause allergies such as eye irritation, skin allergies and rashes, while toxic molds like black mold can cause severe respiratory and health issues. Understanding the toxicity of molds can help homeowners to remove molds safely and effectively.

To avoid unnecessary health issues, homeowners usually make use of mold inspection services to identifying the toxicity of the molds and remove them safely. If you are aware of the different types of molds, you can distinguish non-toxic and toxic molds effectively and can stay away from toxic molds.

Some common types of indoor molds are listed below:

Aspergillus:

Aspergillus is a common mold that is found in buildings and home. It requires a carbon-rich substrate and humid environment to grow. However, some varieties of Aspergillus mold have developed the ability to thrive even nutrient-depleted environments. When itâ€™s up to health issues, Aspergillus causes coughing, fever, headaches, respiratory problems, chest pain and breathlessness.

Alternaria:

It is usually found in carpets, window frames and curtains that are used nearby damp places. It is also considered as a toxic mold due to its wide range of enzymes like alternariols, altenuenes, altertoxins, tenuazonic acid, and AAL toxins. Unlike, Aspergillus it might not cause severe health issues.

Stachybotrys:

Stachybotrys, commonly known as â€œtoxicâ€• or â€œblackâ€• mold is found in damp places such as sin pipes and air conditioners. Stachybotrys are considered as the deadliest indoor mold due to its enzyme mycotoxins which is very toxic. Overexposure to mycotoxins can cause a wide range of health problems such as fatigue, headaches, vomiting and even bleeding in nose and lungs.

Penicillium:

Penicillium is found in the wallpapers, carpets, paint and decaying vegetation. Unlike other indoor molds, Penicillium may not cause severe health problems.

Cladosporium:

It grows in damp places such refrigerators and window frames. It is non-toxic to humans but can affect people suffering from asthma or allergies.

These are some common types of indoor molds. If you encounter Stachybotrys, Alternaria or Aspergillus, you need to get assistance from a mold remediation specialist to get rid of it completely.

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a San Jose mold inspection firms use advanced testing tools to detect the toxicity of the mold and deploy effective mold remediation techniques to get rid of molds effectively. The author has immense knowledge in the a mold remediation San Francisco arena and has written many articles regarding San Jose mold inspection in the past.

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