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Surfboards are elongated platforms, which are used for surfing. Compared to other sports, surfboarding is not too expensive. For most outdoor sports,, a huge amount of money is spent on equipments and other necessary accessories; however, with surfboarding the case is different. It just demands a surfboard and swimming costume, which more or less everybody possesses.

The most important thing for this sport is choosing the right type of surfboard, which is appropriate for your weight and height:

â€¢ While purchasing surfboards one needs to be very cautious as to which type of surfboard best suits them. For a novice it is always advised to go for beginner surfboards as these are usually longer than the regular ones. These shall be able to hold your body weight much better and more effectively and one shall be able to stay upright on water for a longer time.

â€¢ While purchasing a surfboard, one must ensure that it is longer than him or her, especially if he or she is a novice. Many people are of the opinion that the surfboards that are 12 to 15 inches longer than one, is the best. This makes it easier for one to paddle..

â€¢ The average width of a surfboard is something between 17 to 19 inches. Once again, it is better to go for the wider ones as one can stay on water for a longer time, and will not be bogged down soon by the waves.

â€¢ The thickness of the surfboard much is of three inches as it shall be able to counter the waves effectively.

Thus, follow the above guidelines and visit any sport shop which offers body boards for sale and buy the one that suits you the best.

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For more information on a body boards for sale, check out the info available online; these will help you learn to find the a beginner surfboards!

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