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Tickle Your Taste Buds with Dishes at Rajasthani, Gujurati and South Indian Restaurants in Mumbai by Preeti

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India is a country which has the influx of various religions. People from different religions exist peacefully together and each religion specializes in its own cuisine. The cuisines date back thousands of years and have evolved with the passage of time. The Indian cuisine is known for its use of spices which have several health benefits. Apart from lending a unique aroma to any food, these spices are also healthy for our system.

So gorge on the delicious Indian food that promises to satisfy your taste buds and leave you asking for more. The most famous cuisines that can be had among the variety of Indian cuisines are south Indian cuisines, Rajasthani cuisines and Gujrati cuisines.

Rajasthani cuisine is known for its rough and tough food as the area of Rajasthan is arid and water is scarce there. The food reflects this and mostly the dishes like Daal bati, Bail-Gatte, Chaavadi etc. the non vegetarian delicacies of Rajasthan like Mohan maans, safed maans and laal maans are also quite famous. Rajasthani restaurants in Mumbai offer a variety of Rajasthani cuisine both vegetarian and non vegetarian.

Gujrati cuisine is primarily vegetarian. The Gujrati thaali which consists of a roti, daal or kadhi, rice and subzi along with a sweet is the most famous delicacy. Gujrati dishes are known to be salty, sweet and sour at the same time. Side dishes from Gujarat like dhokla, khandvi have become very popular all over the world. Gujrati restaurants in Mumbai offer typical Gujrati food that is very much similar to the food served in Gujarat because of the proximity of Maharashtra to Gujarat. The customers can choose from a wide variety of Gujrati breads ranging from bajre ki roti to jowar ki roti to fulka roti. There are also many variations in rice like pulao, biranj and khichdi. But the vegetables are the main attraction and the customers can enjoy different vegetables like Turai, Bhindi, Chola, in fully gujarati style.

South Indian cuisine is one cuisine that has made its mark all over the world. Mumbai offers this cuisine on the roadside as well as in restaurants. South Indian restaurants in Mumbai are plenty and the customer is spoilt for choice. The customers can savor the delicious south Indian cuisine for as little as two hundred rupees in various restaurants located across the length and breadth of the city. The most popular dishes are dosa, idli sambhar, rasam, uttapam etc. the main thing about the south Indian cuisine is that it is extremely light on the stomach and also healthy. It is particularly liked by people who appreciate spicy food. Rice is the main ingredient of the south Indian cuisine and no south Indian food is complete without its use. Mostly the food is steamed which makes it a healthier option.

So with so many different mouth watering cuisines available near to you it will be truly impossible to control yourself. So just go ahead and taste the best that Indian cuisine has to offer in Rajasthan, Gujrati and South Indian cuisine.

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