Article Side
Tasty cuisines all around the world by Annphilip

Article published on February 28th 2012 | Food

Are you a food fanatic? Do you want to taste the food of different countries? Then donâ€™t waste time, pack your things and get ready for a long journey. This journey will take you to France, Italy, China, India, Thailand, Mexico, Japan, Spain and Greece. You just have to accompany me, you will get the opportunity to taste the most colorful and tasteful dishes of the world.

Explore French Cuisine

The people of France have a passion for food in all its forms. French cuisine is diverse, so one can find a range of dishes, both in restaurants and in homes. In their basic meal, most French people will include traditional baguette and cheese. Wine is an unavoidable part of their daily meals. With meals, ordinary wines are served, but the style of wine must match the style of food. Each region of France has its own unique traditions, in terms of ingredients and preparation. In the Mediterranean region, they use olive oil, herbs and tomatoes in many of their dishes. Meanwhile, the cuisine of northwest France uses butter, soured cream and apples. As northeast region of France has a strong German influence, their cuisine includes beer and sauerkraut.

Know Italy and Italian cuisine

Whenever we think about Italian cuisine, the food items that come to our mind are pizza and spaghetti. Italian cuisine combines the health benefits of the Mediterranean diet, with a wide choice of seasonal ingredients and regional flavors. Most of the Italian dishes are simple and are made of fresh ingredients cooked on the spot. There food is a combination of fresh vegetable, fruits, grains, seafood, meat and olive oil. In Italy, each town has a distinctive way of making sausage, cheese and wine. Italians think that French cuisine is heavier, as they use butter and cream in most of their dishes. Meanwhile, French think that Italian food is heavier, because of the use of olive oil and fried appetizers.

Chinese cuisine â€“ a good food experience

Chinese adopted various ways of cooking in different regions. From north to south and from east to west, we can see a wide variation in their cooking style. Some of the famous Chinese dishes are Shanghai noodles, Sichuan soup and Beijing duck. Among other dishes, Beijing food is the most famous food. Cantonese food is mostly steamed, boiled or stir fried. In the southwestern province of China, they follow Sichuan food. The food will be spicier, as they use chili pepper oil to give a special taste to the dish.

Indian Cuisine can stimulate you taste buds

Indian Cuisine is one of the sophisticated and diverse cuisines in the world. The Indian food available in worldwide restaurants is North Indian or Mughlai food. The three categories of Indian cuisine are south, east and west. Each category is entirely different from other. Throughout India, be it North India or south India, the food will be generally spicy. We can see both vegetarian and non-vegetarian dishes. In states like the Punjab, Haryana and Uttar Pradesh, chapatti is the staple food. Besides chapatti, they also cook Rumaali and Naan. However in the northern region impact of Mughlai food is quite obvious. Going to east, the food includes idlis, dosas, and rice puttu.

Thai cuisine â€“ a blend of Eastern and Western culture

The characteristics of Thai food depend on the occasion. In original Thai cooking, large chunks of meat are shredded and laced with herbs and spices. A normal Thai meal will consist of a soup, a curry dish with condiments, a dip with accompanying fish and vegetables. Earlier they adopted cooking methods like stewing, baking and grilling. But Chinese influences introduced frying, stir frying and deep-frying in their cooking method.

Nowaday cookery shows are constantly airing on different television channels connect to service from providers like Charter Cable. If you are interested in cooking, just watch shows like that collect more information on various cuisines.

Article Source:
http://www.articleside.com/food-articles/tasty-cuisines-all-around-the-world.htm - Article Side

Annphilip - About Author:
As a freelancer, Ann likes to write about international cuisines. On her home television powered by a Charter Cable, she regularly watches food shows and food contests.

Article Keywords:
Charter Cable, Televison, cuisines

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!