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How to Enjoy the Flavors of English Tea by Julia Roger

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Once you visit England, you would definitely want to savor the exquisitely flavored English tea which has a significant impact on the minds of the tea lovers. Before you actually splurge in the ecstasy, you would definitely want to know something about these quality variants of the worldâ€™s most loved beverage. There are five main types of english tea which relates to different time dimensions and geographical boundaries of the area. When I say time dimensions, I mean that there are varieties of tea that can be enjoyed in a special occasion or at different times. You should be well aware of the types of tea that suits different parts of the day like morning, evening or during breakfast. You can also go deep into the type of different food items that can be served along with the varieties. The more popular names in teas found in England are the black tea and the white tea both of which are made from Camellia saneness plant..

Black english tea undergoes a fermentation process which renders its dark color. This variety is known for the strong flavor. The white variety is harvested sooner, steamed and dried in sun. The taste of this variety is sweeter and subtler. Oolong and Green Tea are the other two varieties which are available. They are from the same plant, again differing in the fermentation and processing. Flavors are also added to suit individual needs. The last but not the least is the Herbal tea which comes from a different plant and is made from berries, roots, seeds and flowers. This tea is available in large number of flavors which cater to a large section of the population in the English market.

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For more information on a english breakfast tea, check out the info available online; these will help you learn to find the a english tea!

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