How to Choose Best Tea Brands by Julia Roger

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There are few who would not like to have a cup of tea after wake-up. Ditto for a cup of tea after a tiring day? Well, according to surveys, tea is the second most consumed beverage after water. It has different tastes and ingredients depending upon various geographical areas and local preferences. Green tea, yellow tea, white tea, oolong tea, herbal tea, ice tea etc are some of the popular flavors. As additive, milk is widely used and lemon juice too. The ingredients like ginger, cloves, cinnamon and cardamom are also used in tea preparation to upscale the flavor. Besides being a stress buster, tea has some beneficial effects on health too. Consumption of tea reduces the chance of cancer and cardiovascular diseases. So when tea has forayed into our essentiality, letâ€™s try to find out the best tea brands around the world.

While choosing the best brands, we need to consider some basic factors like the shape of the leaves, aroma, dryness, taste and the impurities added. Leaves can be of various shapes like flat, granular, powder, flakes etc.. Dry leaves are better than moist ones. Premium tea leaves possesses an elegant aroma. Premium tea beverage will be clear and bright while low grade tea beverages are opaque and dark. Good oolong tea beverage is golden yellow in color while good green tea is yellowish green and a premium black tea is bright red. Bitter taste is the sign of better green tea and good black tea tastes a bit sweeter.

Some best tea brands which are dominating the world tea market are Lipton, Salada, Twinings, Dilmah, PG Tips, Scottish Blend, Typhoo, Tevana, Tazo, Good Earth, Celestial Seasonings and many more. These companies have brought several types and flavors of tea in the market.

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