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You always need to be flexible about what you stock in the drinks vending machines . This is because few things are as susceptible to change as trend in soft drinks. There was a time when nobody could even dream of cold drinks vending machines which did not offer the popular branded fizzy drinks. However, regulations in the UK and the USA are ensuring that drinks vending machines placed in schools may not dispense carbonated soft drinks or other products which are detrimental for health.

There is no need to be overly concerned. There is no reason why products stocked in drinks vending machines should be injurious for health. Drinks vending machines placed in schools or other educational institutions would do better to stock water, milk drinks, buttermilk and fruit juices. Some of your choices could be orange, apple, pineapple and mango fruit juices, together with exotic tropical, citrus and forest fruits based drinks. Fruit juices are full of nutrients, vitamins as well as minerals and speed up the digestive processes. Thus, the immune system gets a boost and when the immune system gets a boost, the body has a higher chance to fight off sickness and disease.

In offices hot drink vending machines might prove more popular than cold drinks vending machines . This is more so in cold countries. In any case, when people are under pressure for deadlines the demand for tea and coffee automatically rises. Most hot drink vending machines dispense more than tea and coffee. Hot soup and chocolate serve to warm you up as well as fill you and are popular for this reason. Green teas are very good for clearing the system of free radicals and boosting the body's immune system. It contains a large number of tea polyphenols, which have strong oxidative stability and biological activity.

Many don't appreciate the importance of stocking drinks vending machines with water. Just remember that regardless of the temperature outside, the one drink people always need is water. Health conscious people might even want products like Bovril and Bournvita from the hot drink vending machine , while youngsters might want energy drinks.

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