# Article Side

Dips are a delight when Houmous is on the menu by Mary Porter

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Fancy trying a different type of dip, one thatâ€™s made from the healthiest of ingredients yet still tastes absolutely amazing? Give your taste buds a treat and let them savour the delights of houmous, this is one taste sensation they wonâ€™t forget in a hurry. Houmous is a delicious, nutritious blend of key ingredients that are packed full of flavour. Itâ€™s great on its own, perfect to dip into and Houmous also makes a wonderful filling when used in wraps or sandwiches.

If you fancy enjoying the great taste of the Mediterranean from the comfort of your own home try Houmous and donâ€™t forget that scrummy Falafel as well. Youâ€™ll go dippy over Houmous the yummy feast that tastes absolutely fabulous.

What can you dip into houmous?

Anything that you like! Serve Houmous in bowls or cups and get ready to dip into it with your favourite bread. Or slice up a selection of carrots and cucumbers, youâ€™ll find they taste great when dipped straight into the Houmous. Breadsticks are another item you could dip into the Houmous or what about plain tortilla chips? Scoop up a decent dollop of Houmous and wait for the flavour explosion that hits your mouth, theyâ€™re just as delicious as freshly made Falafel.

You can be as adventurous as you like discovering new items to dip into Houmous, why not see where your taste buds take you this weekend?

The kids will love them

We all know how hard it can be trying to get children to eat healthier alternatives at meal times. So why not make mealtimes a little more fun and have a themed Mediterranean night?

Serve the kids Falafel and houmous and get ready for a nice surprise. Kids find Houmous totally delicious and they canâ€™t seem to get enough of it.

Whether you choose original Houmous, lemon and coriander or a roasted pepper option it tastes great served with fresh vegetables. Give the kids a healthy alternative and serve Houmous at mealtimes or pop it in their pack lunches.

Children think itâ€™s a real treat when they are served Houmous as an alternative and youâ€™re happy because you know theyâ€™re eating something thatâ€™s packed full of goodness.

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Mary Porter - About Author:
At ramonaskitchen.com we are notorious for our delicious a houmous as it is quite simply irresistible! a Falafel is also considered a popular delicacy; it is healthy and nutritious, and will be loved by everyone!

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