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Juliana is a young mother who has a seven month old baby daughter to look after. She had been a hands-on mother doing every bit of it from boiling the feeding bottles to changing the nappies, bathing the child to feeding her at night. She loves to spend time with her daughter and see her grow each and every day. The child has now started to crawl and moves around in the whole house picking something or the other and putting it in her mouth. Juliana is extremely careful and has to run around to ensure that her daughter is safe and does not hurt herself.

She feels tremendously weary and exhausted of the dayâ€™s work. She realizes that she is unable to make out any time for herself considering that she is alone with the child on most days with her husband away in business tours on most days and no other support system. Juliana does not get time to do her work, study or even do the simple exercises prescribed by her gynecologist.

As a result, she is finding it more and more difficult to burn the extra flab she gained during her pregnancy and also feel tired. Considering her constraint in time she thought of going on a diet when she skipped breakfast and ate little for the meals. A week or so through the diet the only result she got was growling stomach and even more fatigue.

When she was searching for some way to reduce her extra pounds without having to spend much time or effort she found herself the wellness and health company Boresha.

Boresha is a well known health products manufacturer and true to its Swahili name always innovates to create products which improve the lives of its customers. Boresha coffee is very well accepted and Boreshaâ€™s Skinny coffee is very popular among the coffee drinkers. What better to start a day than sipping in a steaming cup of healthy coffee? But Boresha did not remain contended at just that. There is something more to its coffee and that is what is attractive to Juliana. The BSkinny coffee of Boresha is the worldâ€™s first fat burning coffee which helps to burn body fat in a healthy as well as tasty way.

This product is grown organically and is certified by the Fair Trade. It is a rich blend of coffee beans from AA Arabica and the thermogenic formula of Boresha. The thermogenic or fat burning substance is responsible for burning fat and helps in reducing weight without having to take much effort.

This effortless addition to the daily diet helped Juliana get rid of extra pounds in few weeks.

So, you can too give your metabolic rate the much needed boost with the yummy tasting BSkinny and Skinny Coffee from Boresha. You can order for the whole monthâ€™s supply at their site.

Say bye bye to the extra fat and stress; embrace healthier lifestyle. The coffee beans roasted in infrared gives rich, smooth taste. When you fight back obesity you are actually fighting back a number of obesity related diseases like heart ailment, blood sugar, hypertension etc. Embracing healthy diet never seemed to be easier, I guess.

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True to its name Boresha which means to improve or make better in Swahili, the companyâ€™s endeavor is to create wellness and health products. a Boresha coffee has many takers and now the company has come up with a Skinny coffee and a Bskinny coffee which are not just healthy but helps in burning extra body fat.

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