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Intal inhaler is widely used these days, as lots of people suffer from wheezing, chest tightness, trouble breathing problems, caused by exercise, pollutants in the air, or exposure to certain chemicals. Intal Inhaler (Cromolyn sodium) is an anti-inflammatory medication. It works by preventing the release of substances in the body that cause inflammation. It is used to prevent asthma attacks in people with bronchial asthma.

Using Intal inhaler is not fully safe. Its use has many side effects like severe wheezing or chest tightness just after inhaling the medication, skin rash, bruising, severe tingling, numbness, pain, muscle weakness; or fever, swollen glands, rash or itching, joint pain, and a general ill feeling. Less serious side effects like dry or irritated throat, temporary or occasional cough, sneezing, stuffy or itchy nose, watery eyes, burning or bleeding of your nose, nausea, heartburn also occur after taking this medication.

We should not use this if we are sensitive or allergic to any of its ingredients. If we feel we have experienced an allergic reaction, then we should stop using this medicine and should inform our doctor or pharmacist immediately. This medicine is known as a preventer and it should be taken regularly to prevent asthma attacks. It should not be used to relieve an asthma attack, as it will not work for this purpose. An asthma attack needs to be treated with a medicine that quickly opens the airways, such as salbutamol or terbutaline. These are known as relievers, and we should make sure we carry our reliever inhaler with use at all times to relieve an asthma attack if it happens.

Consultation to the doctor is a must if we need to use our reliever more frequently than normal, or if it becomes less effective at treating attacks, as this may indicate that our asthma is getting worse and our doctor may need to prescribe us another medicine. We should not suddenly stop taking this medicine unless our doctor tells us otherwise, as our asthma symptoms stop using this medicine immediately. Intal inhaler may cause an unexpected increase in wheezing straight after using it .

We should not use this medication if we are allergic to Cromolyn sodium. We have to tell our doctor if we have heart disease or heart rhythm disorder, kidney disease or liver disease. Our Intal inhaler dosage needs may change if we have a surgery, are ill, are under stress, or have recently had an asthma attack. If we stop taking this medication suddenly or donâ€™t use enough medicine then this can make our condition worse.

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Thakur7 - About Author:
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