The Best Techniques to Fight Wrinkles by Pariswilliams

Article published on May 4th 2012 | Fitness

Fighting off wrinkles has emerged into a multi-million dollar industry as more and more people join the race to keep away wrinkles. So today, you get to choose from a vast repertoire of solutions that eliminate wrinkles. These include creams, lotions, oils, laser resurfacing, surgeries and injections.

Injections

There are lots of women seeking to make their wrinkles less apparent with the help of collagen and Botox injections. Collagen removes wrinkles by plumping up the area and making the area look youthful and plump. During Botox injections, a type of botulism is injected into the area, especially in the area around the eyes or on the forehead. The injection paralyzes the muscles in this area to prevent the formation of wrinkles. The treatment generally lasts up to six months. The Botox injections effectively minimizes wrinkles since the facial muscles involved in expressions like frowning and other wrinkle-inducing movements, get frozen.

Laser skin resurfacing

This is a relatively new technique developed to help women win the fight against wrinkles. Just like facials and chemical peels, this technique too works on the principle of removing the top layer of your skin to reveal the tight, healthy and smooth skin beneath.

Plastic surgery

There are still an unbelievable number of people who go in for plastic surgeries to improve their looks. Such surgeries help reduce wrinkles by tightening the skin. The most common type of plastic surgery to remove wrinkles includes brow lifts. During a brow lift, the surgeon removes excess skin on the eyelid to make the eyelids seem less drooping. If eye bags are a problem, plastic surgeons can help resolve it by removing the excess skin under the eyes.

Creams and lotions

Almost every manufacturer of cosmetic products now offers cream and lotions formulated to eliminate wrinkles. These creams generally have to be applied twice a day to get the desired results and make wrinkles and fine lines less visible. Almost all these creams include moisturizers to ensure that the skin does not dry out and become more prone to developing wrinkles. Some creams feature depilatory agents designed to gently peel away the top layer of the skin and reveal the healthy skin below. There are also creams that come with fillers that fill in the wrinkles and fine lines and make them less apparent.

Hydroxatone is among the best anti wrinkle creams that does a lot more than just diminish the appearance of wrinkles. This anti aging cream works wonders in reducing the appearance of even deep wrinkles in the forehead area. It also reduces discoloration, increases skin hydration, smoothens fine lines and improves skin tone and radiance. The combined action of scientifically tested ingredients such as Matrixylâ„¢3000, ArgirelineÂ®, Hyaluronic Acid and SPF 15 makes this deep wrinkle cream capable of reducing the appearance of fine line and enhancing the skin texture.

Although all these methods have their advantages and shortcomings, skin experts always recommend going for less invasive methods like use of anti wrinkle products. This ensures great results without cuts, scars or recovery periods.

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Article Keywords:
Anti wrinkle cream, deep wrinkle cream, anti aging wrinkle creams

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