Article published on April 25th 2012 | Fitness

Before you decide if you must chop off your long locks in favor of a shorter hair style, you need to consider certain points. First, will a shorter hair style look good on you? Not all women can carry off a short hair style with Ã©lan and assurance. You need to have the right bone structure and facial features. You also need to consider your height; very tall, waifish women should ideally not cut their hair too short.

Second, can you give your short hair the maintenance it requires? Contrary to popular perception, short hair style does not necessarily translate into convenience. Although a lot of women prefer short hair styles because it involves low maintenance, you still have to put in some effort in ensuring that your hair is neat and presentable. While you can pull long hair into a bun during greasy bad-hair days, short hair styles do not offer that luxury. That is why you need to think long and hard about the right kind of hair style.

Maintenance and Care

Shorter hair requires more washing, because you cannot hide the grease and the dirt or twist your hair into a braid when you feel like foregoing shampooing for the day. Use a good-quality hair cleanser, such as Keranique shampoo, which contains no sulfates. Keranique reviews say that this shampoo protects and nourishes hair, and it also cleans the hair and scalp.

Be particularly careful when you are out in the sun. While a braid protects hair to some extent from the harmful impact of sunlight, short hair has no such protection. Therefore, use a hat or scarf, or even an umbrella when out in the sun. Keranique hair products such as the shampoo and Keranique conditioner contain hydrolyzed keratins, which form a shield over hair strands, protecting them from ultra violet rays.

While short hair is less susceptible to tangles, curly hair does tend to develop some that makes hair management difficult. Then, you have to consider frizz. Frizzy hair is a problem for many women no matter what their hair style. Cutting your hair short will not solve the problem if your hair has always been frizzy. Use products such as Keranique shampoo and conditioner to control frizz. The Keranique fortifying mousse offers amazing styling ease and makes your hair more manageable.

Another problem with short hair is that you cannot change your look as often as you would like. However, there are certain types of short hair styles that can be very flattering and versatile as well. With the right cut, you can style short hair for any occasion - soft romantic look for evenings out, edgy pixie cuts for parties, or a simple no-fuss style for work.

There are many kinds of short hair styles; the trick is to choose the right one. Also, you need to remember that shorter hair requires some maintenance, and sometimes, short hair styles might require more maintenance than longer styles. So, choose carefully.

Article Source:
http://www.articleside.com/fitness-articles/should-you-go-for-short-hair-styles.htm - Article Side

Pariswilliams - About Author:
Keranique a hair volume products include a shampoo, conditioner, mousse, hair regrowth formula,

and follicle boosting serum. The a Keranique system offers a solution for thinning hair, and makes hair more manageable. Before using these products, talk to the a Keranique hair Products Specialist, and remember not to use the regrowth formula and serum together.

Article Keywords:
hair volume products, Keranique hair products, Keranique

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!