Salon and Spa Facilities: Beauty from Head to Toe

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Taking time out of our hectic schedules to take care of ourselves can, at times, feel like a daunting task. Running from the hair salon to nail salon then to the spa can take up most of your free time during any given week. What better solution is there than to choose a salon that is also a spa? Salon and Spa facilities these days are a one stop shop for beauty, relaxation and just plain feeling good about yourself.

So whatâ€™s the best salon and spa facility to look for? Professional salon and spas are staffed with highly trained stylists, skilled nail technicians and only licensed aestheticians. Ask upon your initial visit about training and licensing of staff members or simply look over their website before making an appointment. Word of mouth is often times a great referral as well. Itâ€™s also highly recommended to meet for an initial consultation to determine the best services tailored to your individual needs. Curly vs straight hair, dry vs oily combination skin; they all require different techniques. Finding a salon and spa facility that will take the time to discuss your needs is another sure sign youâ€™ve found the best location.

From here, the only difficult part is trying to decide which services to choose. Salon and spa facilities offer a vast variety of treatments and services, each of which will be customized to your individual needs. Whether youâ€™re looking for a simple haircut or are in need of new hair color, manicure plus spa pedicure and a relaxing head to toe European facial to get ready for a long vacation, Salon and Spaâ€™s have everything you need under one roof. Some of the more exclusive services and treatments offered by salon and spa facilities include a wide variety of facials, including peels and Microdermabrasion treatment, eyebrow waxing and lash tinting, hair styling, cut, color and overall hair care including extensions, professional makeup application, manicures, pedicures and services specialized for men.

Often times stylist, nail technicians and aestheticians will suggest professional products for you to use at home to help keep up with the new you and conveniently will house these products on site for sample and/or for sale. One more reason why this one stops shop is so crucial in our personal/business time management.

Salon and Spa facilities are indeed the answer to any individual looking to make the most out of their time to feel and look their best without spending hours driving all over town.

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Jacob William - About Author:
The Author is associated with Virtue Salon + Spa. Virtue Salon + Spa located in Charlotte, NC features Dermalogica skin care products, a anti- aging solution, a Redken and Pureology hair products. Their professional hair stylist offer full service haircut, style, color and highlights. Skin services include facial treatments, back treatments, advanced anti-aging exfoliation treatments, waxing services, eyebrow shaping, and tinting, Microdermabrasion and a dermalogica skin care.

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