Laser Hair Removal

by Dick.D.Merchant

Article published on April 30th 2012 | Fitness

Hair removal has always been considered as an important part of physical appearance by the fashion conscious people all over the globe. In fact hair removal is a kind of regular practice for many men and women over the years. There is a general impression that men would invariably rub off their facial hair during the caveman times with things like sharp rocks or flints and even by seashells, as it gives enemies less to hang on to during any fight.

On the other hand it is believed that women started doing all these activities as a part of their fashion around the 15th century. Earlier women had tried many things but these artificial things werenâ€™t that popular among women. But with time and with the arrival of various beauty treatment methods happening all over the globe, things have changed a lot. In recent past fashion conscious women, who are in constant process of beauty-experimentation, frequently opt for these treatments. Well, another section also feels that during the primeval ages, women did try removing hair to look better or to look younger. In fact ancient races like; the Greeks, Egyptians and also in the Middle Eastern times women used to remove body hairs by various means except the eyebrows.

Gone are the days when women used to indulge in only two to three types of fashions, today in an era of technology backed medical research, itâ€™s no wonder that the aspect of various beauty therapies booming like never before. In the current age, hair removal is quite a common practice and most of the women do hair removal procedures on regular basis. Laser hair removal process isnâ€™t that old, this is a recent development. Top fashion brands too are considering laser hair removal as a profit gaining venture of fashion market.

Laser hair removal is a method in which a long pulse laser is aimed at the follicles of the hair besides disabling the hairsâ€™ active or normal growth cycle. Here the laser light and the period of the pulse are matched as per the size and depth of the follicles, in order to slow down the re-growth process of the hair. Always remember that it must be done only by trained laser specialists and not by those innumerable Internet/newspaper-ad-givers, who claims as specialists. Once you opt for this method youâ€™d need to undergo quite a few treatments that would be essential at different stages along the growth cycle of the hair.

Both men and women can do this at various parts of their bodies including; face, under-arms, back, legs etc. But on the whole laser hair removal works best on those having pale skins and dark coarse hair; because the laser is involved to the dark pigment.

Lasers generally release the wavelengths of light that are absorbed by the hair pigments. People with dark hair get the best results and thus color of the skin is a crucial aspect of this medical therapy. Before the start of the laser hair removal treatment the area needs to be shaved 1-3 days before that. Once the treatment is over apply aloe-vera to the skin for some time. And whenever you feel any skin complication or some sort of irritation, donâ€™t delay. Check a skin specialist soon. The whole process takes 4-6 weeks but it depends upon the skin texture of an individual.

Article Source:
http://www.articleside.com/fitness-articles/laser-hair-removal.htm - Article Side

Dick.D.Merchant - About Author:
Learn more about different a Laser hair removal techniques and a Botox treatment on our blog.

Article Keywords:
Laser Hair Removal, Laser Hair Removal NYC, Botox Treatment, Botox Treatment NYC

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!