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A fresh hope is kindled for people to lose weight and get the body which they only dreamed off. The name of this hope is HCG Diet Seattle. It is a revolutionary diet plan offering the best way to lose weight. Modernized in its concept, scientific in its implementations Diet Docâ€™s HCG Weight loss Seattle offers what most obesity stricken people have been looking for.

Perhaps you have been utterly disillusioned by other weight loss programs and diet plans. You would highly skeptic considering this one. You might be asking yourself the following question. So consider reading the subsequent answers to them too.

1. Is this diet plan medically supervised?

Yes, HCG Diet Seattle is an all round medically supervised diet plan. For this specially trained doctors and clinical staff guide dieters in one to one correspondence. The training received by Diet Docâ€™s doctors is specialized, which they donâ€™t get while at med school. It is specifically dedicated to deal with weight loss and obesity related issues.

2. Does this diet plan include scope for my needs?

Of course it does! And thatâ€™s a vital feature for HCG Weight Loss Seattle Program. They believe that weight loss need not be tasteless and boring. For that matter they have a special recipe book which has various gourmet appetizers, salads, dipping etc which you can be prepare while on this HCG diet plan.

3. How personalized and tailored it is to suit you?

Diet Docâ€™s HCG Seattle program is so tailored for your needs that even if you are a diabetic, a vegan or an athlete - or suffer from high blood pressure, hormone disorders etc you will have a unique diet suiting your needs. An HCG diet plan is carved for you only after reviewing your medical history, age, gender, lifestyle and eating habits.

4. Is this diet plan within my budget?

This diet plan is one of the lowest priced medically, supervised HCG diet programs in USA.

5. Will you feel any abnormal hunger while on this diet?

No. A lot of precedence is give to your calorie intake and energy levels. HCG diet Seattle is not a typical starvation diet of 500 calories per day. It is 800 to 1000 calories per day, plus you are given diet supplements and nutritional shakes. If any dieter feels abnormal hunger, it is advised to give HCG Diet Seattle a call.

6. Is it easy to follow the diet plan?

Yes, this is one plus points of this program. The weight loss experts and coaches are always a call away. The consultation is free and helps you out with diet plan prescribed to you, as when required.

HCG Diet Seattle - A Brief Outline

1) Just call an office for a free weight loss consultation by phone. Schedule a doctor visit over Skype or telephone (in certain states only). Complete paperwork about your health and medical history. Doctor will be reviewing your health history, lifestyle; age and gender during your doctor consultation. This will help create a customized diet for each person.

2) The nurses then go over details and tell you how to do a personalized diet over Skype or telephone. You receive medication by 2 day priority mail from a USA licensed, FDA approved pharmacy. You also receive unlimited clinical support from weight loss nurses, doctors and coaches without any upfront charge.

3) You can also enjoy the fact that the weight will stay off, long term. This is achieved with their proprietary Maintenance program. Weight loss typically reported by dieters for HCG Diet Seattle is at Â½ lb to 1 lb per day. For more information please visit our website www.dietdocwashington.com/seattle/.

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The author of this article is a health care consultant. He deals with the health related problems. In this article he is describing different diet plans to lose the weight and to maintain the good health.
a Weight loss Seattle
a HCG Diet Seattle

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