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Grandmommy Makeovers an ideal choice for older ladies by Leo Keegan

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Why is there a trend toward older women undergoing plastic surgery procedures?

Women of all ages have always enjoyed the benefits of plastic surgery. However, the women of age assembly 45-65 see these surgical judgment in a special way . As women over the years have become additional fitness conscious, they have also become additional youthful and active. When people feel fine and live longer, it is natural to see that they want to enjoy the feeling of vitality which comes at the outside . This has given an all together a new expansion of these surgical choices rendered to these active women.

What the common procedures seen under the older women age group?

We are seeing a lot of older women undergo surgical procedure for their breasts and abdomen, which they may have decided to do since having children. Breast reductions, breasts lifts and tummy tucks are becoming increasingly common. Another interesting thing we are seeing is breast reduction surgery for women who had their breasts augmented 10-20 years ago. Nowadays, you will find their body shape in perfect order including their breast and body size .

Why these women go for the named procedures ?

Because older women are exercising more, taking care of themselves superior, eating more healthily and, additional importantly, not smoking, they are improved surgical candidates. Improvements in anesthesia provide greater degrees of safety and allow myriad patients to feel fine afterwards and even go home within a few hours of surgery.

Are these procedures confined to obese women after their pregnancies or the other unwanted effects ?

No. Thin women can also have a significant quantity of skin laxity, commonly referred to as loose skin, which can result from weight-loss or from skin stretching during pregnancy. Though these women may be quite fit, the loose and hanging skin can only be detached through surgery. It's a variation of a tummy tuck. Sometime you can compare this with skin removal or can be blended with breast lift or reduction procedure .

Are you seeing an increase in non-invasive surgeries?

Yes. Traditionally, women in their 50s and 60s would be candidates for a face-lift. Now, women are finding other non-surgical procedures that are less invasive, such as fillers, Botox and laser resurfacing that helps maintain a youthful look without surgery. Moreover, the non invasive body contor surgeries including the Coolsculpting now allow the patients to improve their appearance without any downtime or recovery.

Is there any reason why you would recommend an older woman having surgical procedure other than for cosmetic purposes?

In addition to cosmetic surgery, there are a variety of other reasons why older women have opened themselves up to the possibility of undergoing surgery. Many women will notice an insidious post-menopausal weight benefit while others expand superior breast enlargement and drooping. These effects makes the exercise thing hard for such women or even make other physical activities difficult

for them . Also, the breast enlargement can lead a amount pain plus the back, shoulder and neck and other symptoms which can be reduced by having a accurate breast reduction surgical procedure .

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Leo Keegan - About Author:
Dr. Keegan is board-certified in plastic surgery and general surgery, and he has developed a loyal following of patients who admire his breadth of technique and incomparable surgical results.
http://www.5thAveSurgery.com

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