Fat Transfer to Increase Breast Size by Sarah Kathey

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Fat transfer is the new, more natural way to increase breast size. In the process, you would be trimming down other areas of your body where stubborn fat deposits have taken up residence. Alternately known as fat grafting or autologous fat transplantation, the transfer procedure involves taking out excess fat from the thighs, abdomen, back, buttocks or love handles using low pressure liposuction. Select cells from the suctioned fat are introduced in the breasts to augment them.

About Liposuction Fat Transfer, Fat Processing and Injection

The liposuction would be carried out using advanced and safe devices. Processing of the extracted fat is done with the aim of getting rid of unwanted anesthetics, medical fluids and lipids and to get viable fat cells that have a high survival rate. The more pure and healthy the fat cells used for injection are, more would be the yield of viable fat cells. A select amount of fat cells are injected into the breast (s) by way of multiple small injections. The amount injected is ideally slightly in excess of the amount required, taking into consideration the fact that all the injected fat cells would not survive. A slight modification to this fat transfer procedure is the removal of stem cells from the extracted fat and their addition to the remaining body fat. This stem cell enrichment of body fat contributes to longer-lasting retention of breast volume.

The degree of fullness that results from the fat harvesting and transplantation procedure ranges from half to two cup sizes. However, this would depend on the following factors:

â€¢ How much existing breast fat and tissue there is

â€¢ How much fat has been transplanted to the breasts

â€¢ How much blood the breasts are getting

You can expect to see the positive aesthetic outcomes take shape within about six months.

The Perfect Candidate

This procedure is ideal for you if you:

â€¢ Have had an experience of implants being rejected by your body

â€¢ Want to reconstruct a breast following mastectomy

â€¢ Want to get back to your pre-mommy shape

â€¢ Have under-developed or misshapen breasts

â€¢ Want to restore youth to aging breasts

Other factors that make a good candidate are good health, having areas where there is excess fat and having realistic expectations.

Advantages of the Technique

Several benefits of breast enhancement using fat transfer cosmetic surgery technique may be cited:

â€¢ No foreign materials are introduced into the body

â€¢ As it uses your own fat, you donâ€™t have to worry about it being rejected by the body

â€¢ No allergic reactions

â€¢ The plastic surgeon has more scope for shaping the breasts

â€¢ The new breasts feel and appear real and it is difficult to make out that surgery has been done

Possible Risks

Risks are negligible and rare with respect to fat transfer to increase breast size. Possible risks include absorption of the injected fat by the body causing ripples or lumps, infection, bleeding, fat embolism and calcification of injected fat. If you want to keep your risks to a minimum, ensure that you go to an experienced and reputable plastic surgeon who works at an accredited plastic surgery facility (such as an AAAASF accredited one). His/her experience should specifically include successful application of the fat grafting technique for breast augmentation.

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Sarah Kathey - About Author:
a Fat transfer is a cosmetic procedure for women who want to improve the appearance of their breasts. AAAASF accredited plastic surgery centers in NYC perform a fat transfer to give the breasts a natural look and feel.

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