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Do you feel continuous pain in your joints? This could be due to arthritis or injury. It may be difficult for you to perform daily activities like walking or climbing stairs. Many people even face pain while sitting or lying down. At first, doctors use medical, modifying your activity level, and suggest walking support to relieve the pain. To some extent, these things are really helpful but for long run, you might not feel comfortable. For long lasting relief, the only option you should go is total knee replacement surgery in India. Why India? India is creating new landmarks in the medical sector by offering world-class treatments at reasonable prices. This is the reason why number of foreign nationals come to this country to enjoy a healthy recovery from the acute pain.

Knee replacement, also known as knee arthroplasty is a surgical procedure performed to replace the weight-bearing surfaces of the knee joint to relieve the pain and disability of osteoarthritis. This surgery can also be done for other knee diseases such as rheumatoid arthritis and psoriatic arthritis. There are patients who face extreme deformity caused by advanced rheumatoid arthritis, trauma, or long standing osteoarthritis, for them, this surgery can be more complicated and include higher risk.

Mainly this surgery is done in two types â€“ partial and total knee replacement. The type actually depends on the damage caused and other factors. Over the past few years, Delhi has emerged into a hotspot for many medical procedures and knee replacement is one of them. You can easily find a renowned orthopedic surgeon in Delhi through internet. The reasons where total knee replacement surgery in India include acute knee pain that restrict all your daily activities, including walking, climbing stairs, and getting in and out of chairs. Other reasons include chronic knee inflammation and swelling that does not improve with rest or medications.

If you opt for total knee replacement surgery in India, you are more likely to get admitted to the hospital on the day of your surgery. An anesthesia team will analyze you for the operation. The most common types of anesthesia are general anesthesia, in which you are asleep throughout the procedure, and spinal or epidural anesthesia, in which you are awake but your legs are anesthetized. The anesthesia team will determine which type of anesthesia will be best for you with your input. Make sure to conduct a comprehensive research on knee replacement Delhi before you consult a particular orthopedic surgeon in Delhi.

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Want to know more about a total knee replacement surgery India and a knee replacement Delhi? Dr. Shekhar Agarwal is one of the most experienced joint replacement surgeons in India with more than 30 years of National & International experience. After doing M.Ch. in Orthopedic from the University of Liverpool (U.K.) Dr. Shekhar Agarwal worked for 10 years in the most renowned hospitals in England and now is an orthopedic surgeon in Delhi since 1990.

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