Breast Augmentation Surgery â€“ Risk and Advantage

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Article published on May 6th 2012 | Fitness

Breast augmentation surgery is the most commonly performed cosmetic procedure all over world. It may be chosen by those with self-esteem issues related to small breast size, or by those who have experienced diminished size after weight loss. Other common reasons are to correct asymmetry and as part of reconstructive surgery after mastectomy.

When you need to undergo a basic procedure to resize your breast, you need breast augmentation. This process is also known as breast implantation or mammoplasty augmentation. Breast implantation is a surgical process that aims to improve the size and shape the woman's breast. It helps enhance the body's contour for aesthetic purposes to improve self-steem.Consultation with your surgeon about what size you want and your appearance after that is also one of the most important concern for females. At your breast implant consultation, Doctor can help you decide all aspects of your surgery including the size, shape and fullness of your desired breasts. He will also help you decide which type of implant is the best choice for you, saline or silicone.

Take the time and go over all the possible risks with your surgeon prior to having surgery. Also keep in mind that breast augmentation surgery is one of the most routine types of plastic surgery. There is a great chance that you will experience none of these potential risks, however having the knowledge will allow you to make a more educated choice.

There are different types of implant available with various shapes and size, Moderate, Moderate Plus and High Profile to give you just the look you want.

Depending on the size of the implant surgeon will decide the choice of insertion location and the placement of the implant. Always ensure that your incisions remain dry and clean. Avoid using any types of lotions or creams on the incision area as this may lead to infection. Also ensure all medication is taken as adviced by surgeon to avoid infection. The surgeon will likely prescribe antibiotics for a period of time after the surgery.

Individual instructions may vary, but the usual advice is to wait at least three weeks. Although you may feel fine, you will not be completely healed at this stage. Doing too much too soon can set back your healing. You should not lift heavy objects, bend over, or take part in vigorous activities for at least three weeks after breast augmentation.

Soreness and pain will be present after breast augmentation surgery. Swelling after such a cosmetic process is very normal and a typical part of the healing process.Before the surgery, you must ask the doctor anything that may be of your concern to alleviate worry and indecision

Article Source:
http://www.articleside.com/fitness-articles/breast-augmentation-surgery-risk-and-advantage.htm - Article Side

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Article Keywords:
Breast augmentation, breast augmentation surgery, liposuction In Mumbai, liposuction surgery in Mumbai, breast augmentation in Mumbai, breast augmentation surgery, liposuction surgery price

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