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A guide to cycling tops > Please base article around this by [Julia Roger](#)

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Ask any bicycle enthusiast and they will tell you that the appropriate apparel is key to having an enjoyable experience in the saddle. Cycling tops are as important as the likes of shorts and shoes as well as accessories like gloves. Having the correct gear can also improve the performance of serious riders so the importance of proper cycling tops cannot be underestimated. Here is a brief introduction to these essential accoutrements:

There are all sorts of different types of cycling tops available. Indeed the choice of top depends on the type of cycling you undertake. For instance the casual commuter will often be content with a waterproof jacket to sling over their work attire. This could also be high visibility model for winter months which along with lights makes you more visible to drivers and pedestrians, which is important in terms of safety. Recreational cyclists frequently wear special t-shirts for the occasion which are designed to withstand the wear and tear associated with physical exertion.

Hardcore bicycle enthusiasts may prefer cycling tops in the form of special jerseys. These are the types of garments that you see adorning the torsos of professionals on the Tour de France coverage and boast supreme breathability due to their in-built ventilation perforations. Jersey style cycling tops are extremely popular among groups of avid cyclists ranging from club riders to endurance racers due to their versatility and practicality.

As you can probably gather from above, there are a few key factors when it comes to cycling tops. Of course they need to be lightweight as you cannot afford to be carrying too much weight while riding. Breathability is key to rider comfort and cannot be underestimated for long excursions in the summer months. Weather resistance is also a key consideration with regards to cycling tops. Outer layers should be windproof or waterproof and t-shirts and jerseys should be quick drying.

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a [Cycling tops](#) have to be comfortable and stylish if they are to attract widespread consumer interest and appeal to a diverse clientele. At goprimal.co.uk we have the most extensive array of cosy cycling a [t-shirts](#).

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