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Services Provided by Home Care CT Agencies by [Lisa Kelvin](#)

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When considering home care CT residents should understand their options for services so that planning for a sick or injured relative's care will go smoothly and everyone will know what to expect. For in home care CT agencies typically offer personal care, homemaker and companion services.

Personal Care

Home care CT agencies supply personnel such as nurses' aides or certified nursing assistants (CNAs) to assist patients needing help with their activities of daily living (ADL). Activities of daily living are what the medical and insurance industries call essential functions that a person must be able to perform in order to live independently. When unable to perform any of these tasks, a patient can utilize in home care CT services to receive assistance and stay living at home independently. Personal care includes help with bathing, toileting, transferring/movement, continence, medication reminders and special dietary needs.

Homemaking Services

A patient may still be able to take care of their personal needs such as bathing or using the toilet, but may find that performing basic tasks at home requires assistance. Perhaps the patient is elderly, recovering from illness or injury or is more permanently disabled. In home care CT services will help with daily needs like meal preparation, cleaning, grocery shopping, laundry, errands and transportation to appointments.

Companionship

Whether due to the frailness of age, sickness or injury, homebound patients will often experience loneliness and depression. Using home care CT agencies for companionship services can mean the difference in a patient's quality of life and being able to continue living at home independently. Companion services provided by in home care CT staff help by interacting with clients in their daily lives. A home care CT aid may play games or watch television with a patient, take them to appointments or out on a walk. In home care CT services can also provide respite care for family members needing to take a break from the daily routine of caring for a sick or frail loved one.

No matter what services you or family members need for in home care CT, it is important that the home care CT service you choose offers compassionate care that is reliable and dependable. Because caregivers play such an important role, and in essence become part of the family, trustworthy home care CT agencies will be able to guide families in making the right decision as they transition into using home care services.

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