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Four Basic Steps in Maintaining a Healthy Garden by [Jamie Keifer](#)

Article published on June 6th 2012 | [Family](#)

Gardens are all about tranquility and peaceful enjoyment. A healthy garden definitely takes a lot of planning and effort but it's certainly worth it. Once you've created a beautiful garden, maintaining it is equally important.

The most beautiful gardens have one thing in common - a dedicated gardener who regularly maintains it. Careful planning and good practices are essential to grow and maintain a healthy garden so it will reward you with beautiful flowers or a bountiful crop. You must determine the soil condition and environmental factors that affect your garden. Any garden will benefit from good soil, adequate sunlight, pest control and proper growth conditions. Here are some gardening tips you can follow.

Ventilate

It is important to remove chunks of soil from your garden for the roots to get enough water, air and nutrients. Soil can be compacted over time and can suffocate the roots. By loosening the soil (preferably during spring and fall), you aerate the soil. You can use aerator boots to ventilate the soil, or you can hire a landscape company to do it for you.

Feed It Naturally

Leave the excess weeds and leaves on the garden soil after you've pulled or cut them for they are perfect organic fertilizers. As they decompose, they provide nitrogen that is necessary for a healthy garden soil. Compost or all-organic fertilizers are the best way to feed the roots of your garden plants.

Water Wisely

It is not necessary to water your plants daily. Your garden generally needs only 2.5 cm of water a week. Watering them deeply and periodically are enough to penetrate deep roots. Early morning is the ideal time to water your plants because they absorb more water at this time. Keep in mind that too much water deprives the soil of oxygen and makes the plant prone to diseases. However, some of your plants may need specific care, so it is important that you learn the gardening information about them.

Select Plants According to Your Soil and Growing Conditions

Plants are very sensitive to their environment. Choose the plants that are ideal to your place for them to grow strong and healthy. If you plan to grow plants that are sensitive and require more care, be sure to check gardening websites and read books for their proper care. You should also be ready to give it more time and attention to these plants.

Remember these important garden maintenance steps in mind for a beautiful and healthy garden. You can ask gardening advice from professionals and read more about gardening from gardeningtipsnideas.com.

Article Source:

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