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Historical facts indicate that the Greeks were coffee connoisseurs. But unlike the sippers, they prefer it black. They named it â€œIbrikâ€• and it was prepared in a special container made of brass. Brewing such a black coffee is an art in itself. As the Turkish coffee lovers believed that the coffee should be black as hell and sweet as love, brewing such a deathly strong coffee perfectly is not an easy task.

Preparing the ibrik in style- to get the perfect blend all you need is the copper coffee pots like the Turkish people. These coffee pots are generally fitted with long handles made with nickel and is covered with ornamental design. The solid wood cover handle assist you to hold the hot coffee pot comfortably.

The Turkish sauna hats for all bath enthusiast

Besides the Turkish coffee, the Turkish sauna hat is also available for all sauna bath enthusiasts. These hats will help in protecting the head, ears and hairs from overheating in sauna sessions. These hats are made in comfortable fabric that will avoid thermal burns on the head. Try and purchase wool made sauna hats as they are best for sauna baths. These hats will help you stay inside the sauna for a longer period and you will be able to relax in utmost comfort. Thus you can relax your body, cleanse and rejuvenate in sauna sessions. Thus if you use a sauna hat during the bath, it will help you in improving sauna treatment which will offer you an overall improved health.

Sauna hats are widely available in Turkish stores. You may also avail it from the online stores. These hats are mainly hand-made in high quality sheep wool felt by the skilled craftsmen. These hats are available for men, women and children.

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For more information on a sauna hat, check out the info available online; these will help you learn to find the a ibrik!

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