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There are several countries in Europe you can head to for a walking holiday. Walking holidays are becoming popular around the world for their cost-effectiveness and health benefits. This is why more and more people are inclined towards exploring this option of an activity holiday. Gone are the days when staying at a hotel and eating and drinking all day was the only option for holidaymakers. There is no dearth of options for walking holidays in Europe. In fact, the variety of choices can prove to be challenging as you might struggle to select the best one. Here are some of the best options for a walking holiday in Europe.

Austria

Austria has some of the most breathtaking mountains in Europe. They are a sight to behold and the experience of walking there difficult to describe in words. There are a number of natural landscapes for you to walk through, including valleys and gorges, with the Leutasch Valley being the pick of the lot. The weather in Austria is ideal for a walking holiday, particularly during the summer.

Portugal

Portugal has a number of places where you can enjoy walking for long distances in the open. The best place in the country is actually off the coast. The island of Madeira is known for its stunning beauty and has varied scenery. In addition, it is home to some of the most beautiful flora and fauna found on the continent. Madeira is often ignored because of the attraction of the mainland destinations for walking holidays in Europe.

Turkey

Another of Europeâ€™s hidden treasures when it comes to walking holidays, Turkey is hardly mentioned in the same breath as Spain and Italy when selecting a destination. Yet, you will be surprised at the beauty of the region and the attractive climate. Turkey is a country rich in culture, much like Spain. If you are a history buff, then it is likely that Turkey will suit your taste perfectly.

France

France is one of the best developed countries with respect to walking holidays. There are a variety of terrains you can walk in, from mountains to the countryside. Along the way, you are going to come across small towns and villages that are striking to watch. Interacting with the locals and getting a taste of freshly made French wine are added perks you can enjoy. A majority of the people going for walking holidays select France because of its beauty and diverse culture.

These are some of the best options you have for selecting walking holidays in Europe. This list is not exhaustive as you can see that the common selections Spain and Italy have not been listed. The bottom-line is that you have numerous choices from which to select the best walking holiday for yourself. Choose wisely and have fun!

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