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Not every individual is comfortable with heights. There are many who have this fear of heights; the technical term is acrophobia. However, if one has to be involved in constructions and buildings, there is no room for acrophobia. Moreover, the worker needs to exercise alertness and precision with care and safety to eliminate all risks and danger to self and others. Hence, it is important to undertake the necessary working at height safety training programs to be equipped with the knowledge, skills and techniques in any projects related to heights.

Height related industry

There are plenty of businesses and industries that have the height component incorporated somewhere. Not only is it prevalent in buildings and constructions, many other activities involving heights exist in society such as window washing especially in high rise properties and telco operations.

Service personnel in these height related activities must be well prepared in their knowledge, skills, techniques, tools and other support to handle the high calling task safely. There is a risk and danger factor involved in such industries which can endanger the individuals and properties.

Construction of buildings, high rise offices, condominiums, bridges, tunnels, road works and theme parks would require height safety training to reduce the danger present if not eliminate it totally.

These businesses undertake work at height as part of the daily operations with heavy machineries involved.

Workers

There is a plethora of workers at height related projects; they are the construction contractors, scaffolding workers, specialist sub-contractors, general workers, engineers and machinery operators. These work at high levels above the ground to oversee many construction sections of the project. There are other personnel who would also work with the height related personnel such as utility and government departments such as inspection officers.

All these personnel who are involved with work at heights environment should be familiar with the safety and health requirements of the law which should be adhered to regardless of their role. Besides putting on the hardhat at these construction areas, there are other safety precautions which must always be exercised to avoid danger and harm to others and self.

Course

A work at height safety course is important to inform, instruct and remind the candidates of the potential danger and harm that could befall anyone at the work site if the proper safety measures were not strictly exercised. This is applicable to all personnel who need to be around the work site.

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