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Things to Check when You Opt for Online CPR Certification by [Julia Bennet](#)

Article published on February 19th 2012 | [Education](#)

When you want to sign up for an online CPR certification course, there are plenty of things that you may want to check to make sure that you are making the right choice. There are plenty of institutions which offer these courses. However, you should choose something that is not only genuine and recognised, but is also committed to providing you with all the right resources to help you make it a fruitful venture. For example, you can go for a first aid certification, online CPR or AED training either for your workplace or for the community. This CPR certification will include things like adult, child and infant CPR and universal precautions. It will also comprise of aspects such as Automated External Defibrillator and conscious and unconscious choking. You will also learn about basic first aid skills and recovery position.

Online CPR certification is quite inexpensive and does not cost over \$35.00 in most cases depending upon what your course entails. This is one thing you must be careful about as fraudulent institutions could drain a lot of money without giving anything in return. So, when you go for CPR certification it is important to check the features of your course and the skills and training that will be imparted to you. There are courses like basic first aid training which will cost you less than \$20 and would only comprise of basic training about injury prevention, universal precautions and basic first aid skills. Thus, irrespective of the course you select, you need to be aware of what you are training yourself for and whether the course gives you value equivalent to what you are paying as well at being nationally recognized.

There are couple of other things to check when you have decided to take up online CPR certification and would want to register for the course and make the payment. You have to make sure that the course and training material is actually compliant to ECC and OSHA. This is extremely important if you want your training to be of any use to you in the future. Thoroughly checking if the training material and certification classes are as per the guidelines of American Red Cross, National First Aid Science Advisory Board and American Heart Association is an important step that you shouldn't ignore at any cost. Your CPR certification will be worth something only if this primary prerequisite is fulfilled as these are the national guidelines followed in the US.

While online CPR certification can give value and also save you time and money, it is important that you take all the necessary precautions and background checks before enrolling. The certificate from reputed institutions, for example, comes signed by an ASTI instructor. You will have to check how long this certificate would be valid for as well. You should make sure you receive certificates that are accepted across hospitals, day-care facilities, corporations and government agencies all over the country. In fact, it might also help to find out if you will get your money paid for the CPR certification back, if for some reason the certificate is not accepted. Get CPR Certified today and be prepared!

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[Julia Bennet](#) - About Author:

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emergencies.

Article Keywords:

CPR certification,online CPR certification

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