Article Side

Food and Nutrition Management at Centennial College Offers Instant Opportunities

by Jason White

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Summary :

After graduating from the Food and Nutrition Management program, students may work in places such as seniorsâ€™ residences, nursing homes and extended care facilities.

Body:

Are you looking for a Food and Nutrition Management program that not only prepares you for the field but also has affiliations with respected organizations in the field? If so, you may want to consider applying for Centennial Collegeâ€™s two-year Food and Nutrition Management offering.

The Food and Nutrition Managementâ€™s CSNM accreditation ensures that graduates are automatically eligible for membership in the CSNM and OSNM (Ontario Society of Nutrition Management). CSNM membership is a requirement of the Ontarioâ€™s Ministry of Health and Long Term Care to work in a long-term care facility and most acute care facilities. In addition, after graduation, Centennial College Food and Nutrition Management students are able to enter entry-level positions in the health care, food/nutrition industry. These positions include dietary managers, nutrition technicians, food and nutrition managers, food service coordinators and quality control technicians. Employers include hospitals, seniorsâ€™ residences, nursing homes and extended care facilities. Other opportunities include high-volume catering services, industrial cafeterias, airline food services, food manufacturers and community agencies.

To apply for the Food and Nutrition Management program, students must present at minimum an Ontario Secondary School Diploma or equivalent or be 19 years of age or older. In addition, they must have compulsory English 12C or U or skills assessment, or equivalent and Math 11M or U or 12C or U or skills assessment, or equivalent.

But how does Centennial College get students from novices to confident professionals in just two years? First and foremost, students are equipped with knowledge of nutrition and food service, business skills and human relations skills. This is achieved through Centennialâ€™s Hospitality Management Centre, at which students learn the practical aspects of quantity food preparation and service and conduct experiments to learn the physical food properties. In addition, instructors who have experience in the field teach food and nutrition management and food service courses that include, Kitchen Production, Food Property Analysis, Medical Nutrition Therapy, Nutrition, Perspectives on Human Aging, Organizational Behavior in Food Services, Medical Nutrition Therapy, and more.

While they obtain hands-on practice on campus, Centennial Collegeâ€™s Food and Nutrition Management program also allows students to experience real-life training through a Field Placement. This course provides students with work experience to develop the managerial skills required to fulfill an entry-level position in the health care, food/nutrition industry upon graduation. As a result of this work experience, Aramark, Community Life Inc., Mt. Sinai Hospital, Providence Healthcare Centre, Sodexho, Complete Purchasing, Rouge Valley Health System, University Health Network are just some of the organizations that have hired students of the Food and Nutrition Management program.

Lastly, the Food and Nutrition Management undertaking has received the Presidentâ€™s Academic

Program Recognition Award for Preparation for Job Market, Student Satisfaction, Graduate Satisfaction, Employer Satisfaction and Quality of The Learning Experience. It also holds an accreditation from the Canadian Society of Nutrition Management (CSNM).

Author Info:

Klaudia is the author of this piece, which details the benefits of attending Centennial College's Food Service Program and Food and Nutrition Management offering.

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Klaudia is the author of this piece, which details the benefits of attending Centennial College’s a Food Service Program and a Food and Nutrition Management offering.

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