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Health education in general terms is the study of health and teaching about the healthy living. There are six sections of health education such as:

1. Environmental health
2. Physical health
3. Social health
4. Emotional health
5. Intellectual health
6. Spiritual health

the health education teach us about what are the right ways by which we can keep yourself healthy and what are precautions we should take so that we can lead healthy life style. There are certain health education programs which are conducted by the group of people under the health department so as to make aware every one about the health issues. Here are some of the important health programs which are listed as National Diabetes Education Program, National Kidney Disease Education Program, Weight-control Information Network, National Digestive Diseases Information Clearinghouse, National Hematologic Diseases Information Service, National Kidney and Urologic Diseases Information Clearinghouse, National Endocrine and Metabolic Diseases Information Service and many more are there which are best programs for health.

The health education careers have great scope of achievements as now days the health issues are become the major problem for every one. Now days the ratio of ill people are more than that of normal so the health societies and departments need lots of health advisors and experts which can teach people about the health problems. There is an option too for those who want to make career in health department and they can peruse degree or diploma courses to if they wish to have a great and successful career in health. You have both the options as a career that is you can opt in public sectors as well as private sectors such as hospitals, schools or other medical wards. The scale or the salary status depends on the type of education and degree you have achieved in the field.

The best part of the health education degree is that it offers you not only the graduation degrees but master's degrees too in the field of health education. People are more often interested in the health education degrees but not aware of the health degrees they should opt to have better career so here are the listed health education degrees which can help you to make your career bright.

Degrees such as BA in Health Care Studies - Speech and Language Therapy, BA in Social Science - Health Studies, Bachelor of Science (B.S.) in Health Studies - Health Management, Bachelor in Nutrition Science, Master of Health Education, Master of Health Administration/Education, Bachelor in Health and Wellness, Master of Science in Nursing-Nursing/Health Care Education and many are there as per the course. There are different types of health education activities such as physical activities and mental activities. There are certain features of health education activities such as:

1. There is involvement of assignments and easy questionnaire which help knowing that how much people know and understand about health.

2. There are 20 test sections and 200 hangouts regarding the health education.
3. CD for audio and video education system.

These are some activities which are helpful while health education.

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