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Baby Journal is a great way to keep a record of your babyâ€™s history; this is a great way to record all the great moments of your babyâ€™s first few years. This could be writing down things like the first time he came home, the first time had solid food, the first time he tried to support himself sitting up, the first time he tried to crawl and the first time he tried to walk. These are just a few things I have mentioned. I am sure you will have a lot more great ideas to write in your Baby Journal. If you wanted to, you could also attach first time pictures or first time hand and feet stamps. Basically anything that you would like to keep a record off and hold on to for the rest of you lives. Even possibly open it up and sit down with your child and go through their Baby Journal this sometimes can be a great thing to do if you are having a bit of a choppy time with your child and you donâ€™t seem to be getting on really well.

In the same way you could keep a Pregnancy Journal to keep a record as to how your pregnancy went. All the things you experienced, all the highs and lows of your whole pregnancy. Again you could also attach pictures of your bump for example, as to how big your bump was at certain times during your pregnancy. A Pregnancy Journal is sometimes what you can go through with your partner to let him know what you were thinking and feeling at certain times of your pregnancy. This would be a great help when you are looking to plan to have your next child and you are looking to get pregnant again. These are just few ideas as to what you could with your Pregnancy Journal; I would leave the rest to yourself as to what you would like to do with your journal.

Baby Book is also a similar concept for keeping a journal for your baby. It is all about the first few years of childâ€™s birth. These key moment that you would like to keep a Baby Book for, as this the point where you are bonding with your child you are getting used to being a mum, either for the first time or again. Baby Book will allow you to keep a record of all the key moments as your child grows up, as you are most likely to start to forget things as the years pass on, and these memories you do not wish to lose. So by keeping a book you can refresh yourself after a while and remember all those great times again.

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A reputable company that offers a Baby Journal One of the leading online a Pregnancy Journal in the UK. Experts in a Baby Book industry for over 5 years and has thousands of satisfied customers.

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