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Our sedentary lifestyle, poor eating habits are every much responsible for the growth of various chronic disorders. We daily deal with anxiety and depression, it is also a big reason for the falling health level. Diabetes is such problem which is affecting many people. Many factors can contribute to the condition. It is a serious disorder and its effects are far reaching. Diabetes 3d animation offers a lot of information about the condition. These animations offer relevant and useful information in a very entertaining way so that people can grasp it easily. Diabetes affects multiple organs in the body. People should take preventive measures on the right time otherwise diabetes can make life measurable by causing many problems.

â€¢ In diabetes, a person suffered from high blood sugar, either the body does not produce insulin or the body cells stops to respond to the insulin produced.

â€¢ High blood sugar level can show many symptoms such as frequent urination, increased thirst, increased hunger etc.

Diabetes can be of three main types

â€¢ Type1 diabetes: it arises when our body cells fail to produce insulin and the affected person requires taking it from outside through injection.

â€¢ Type2 diabetes: it can result from insulin resistance. In this condition our body cells fail to use insulin produced. This condition causes insulin deficiency.

â€¢ Gestational diabetes: it can arise in pregnant women, who never had diabetes before. It caused due to the high glucose level during pregnancy. It can lead to type2 diabetes.

â€¢ Persistent high blood glucose level can cause vision impairment. It leads to changes in the lenses of the eyes. If the diabetic patient feels any change in his vision, he should visit the doctor for diagnose.

â€¢ Diabetes is a serious condition that can cause long term complications. These complications may develop after 10 to 20 years. This condition can contribute in damaging the blood vessels.

â€¢ Diabetes increases the risk of heart diseases. It can lead to myocardial infarction, stroke etc. This disorder can also affect kidneys and can cause many problems in them. It also leaves impact on the nervous system.

â€¢ The affected person may suffer from numbness, pain in the feet and skin problems. Sometimes it becomes very difficult to treat these conditions. Skin rashes can also occur in the diabetic patient and this condition is known as diabetic dermadromes. Diabetes 3d animation can help a lot to spread awareness among people so that they can get prevented before the problem targets them.

â€¢ Different type of diabetes is caused by different factors. It is considered that type1 diabetes is caused by some genetic factors. However some environmental factors can also cause the problem.

â€¢ Type 2 diabetes is caused due to some lifestyle factors. Genetic factors can also cause this type of diabetes.

It is possible to get rid of the condition by making some lifestyle changes. Good diet and regular exercise is very much important.

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