Early Detection of Stroke Symptoms through Stroke Screenings by Chelsea Andrews

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An early detection of stroke symptoms through stroke screenings can help people avoid this fatal condition. There are various ways to spot the risks but this type of life line screening is the most recent and modern of the tests. Unlike the other methods, it is simpler and easier, and patients do not have to fear the procedure for it is non-invasive and painless.

Stroke in the United States: Some Facts and Figures

According to an independent website on stroke care and research, this illness is the primary cause of a number of deaths among Americans. About 140,000 people die yearly due to this health problem. Similarly, it is also the number one reason for numerous cases of long-term disability. People above 65 years old are likely to be inflicted with stroke but those below this age are also exposed to its risks. It can come to anyone at any age. This is why going under medical examinations are needed to identify symptoms early and to ensure that one is safe from this serious illness.

How Stroke Occurs?

When the arteries are congested, blood flow ceases and the brain may bleed. Almost 80% of stroke is considered ischemic which means that there is an unexpected obstruction in the arteries carrying blood to the brain. However, some of the attacks are considered hemorrhagic wherein the blood vessel ruptured and resulted to bleeding in the brain tissue. Also, there are instances wherein the symptoms occur and last quickly. This is referred to as a mini-stroke.

The Symptoms of Stroke

Stroke symptoms may appear swiftly and unexpectedly. Those who neglected undergoing stroke screenings are in for a surprise once they are diagnosed with the signs. A rapid and hasty disruption in the blood flow to the brain will cause the attack and a span of seconds, the brain will stop in operation.

The common signs of stroke can begin with headache and dizziness accompanied by a hazy vision.

Additionally, one can also experience numbness particularly in the face, feeling arms and legs, and later on, there could also speech problems. It is advised that a person consult medical advice once he starts to feel any of these symptoms. This is to lessen the risk and hopefully avoid a fatal situation.

Why Take the Screening?

There are some people would not give importance about their health and set aside undergoing health examinations. People who smoke, are obese, and have a heart condition are likely to be inflicted with stroke. Through the screening, medical experts can see if there are existing blockages in the carotid arteries. Annual screening can help them detect the possibility of suffering the condition or developing another cardiovascular disease.

As they say, prevention is better than cure. An early detection can help people take the necessary precautions to lessen health risks. People in their 40â€™s should already start considering undergoing this medical test since age is already noted as one of the variables of this condition. Through stroke

screenings, they can also identify the risk factors that they need to control and avoid, like drinking and smoking.

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Chelsea Andrews - About Author:
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